



The McTeggart Irish Dancers (Kentucky)
proudly present

BLUEGRASS FEIS – JUNE 21, 2020

CHAIRPERSONS: Hailey Bishop, TCRG, Allison Duvall, TCRG, Brooke Harris, TCRG, Beth Garrod-Logsdon

Member of North American Feis Commission
President: James Graven
nafc.president@gmail.com
Member of An Coimisiuin, Dublin, Ireland

VENUE: Lexington Ice Center, 560 Eureka Springs Drive, Lexington, KY. Conveniently 6 miles from I-75.

LOOK: This is a "black and white" feis. No solo costumes or wigs permitted.

FEIS INFO: Registration - www.feisworx.com. Info - www.kyirishdancers.org. CAP 300 grades | 150 champs.

AGAIN THIS YEAR: Family Figure, *Bluegrass Cup* Adult Trophy Special, Adult Traditional Set Special.

ENTRY FEES:

Family Fee	\$20
Family Max (dance entries, excl. family fee & late fees)	\$120
Grade Solos, Figure/Ceili (per person), Treble Reel	\$10
Trad Set Specials	\$12
Adult Perpetual Trophy	\$20
Preliminary Championships	\$40
Open Championships	\$45
Visual Arts/Soda Bread	\$10
Late Change Fee	\$20

Please note FeisWorx system requires all members of a family to register at the same time for family fee to calculate correctly.

COSTUME RULES & CAMPING

All dancers, all ages and levels, are to wear modest "black out" attire and not formal dance costumes.

Suggested attire: modest black and/or white dress, or skirt, skort, or yoga leggings with black and/or white top or leotard; gents may wear black and pants or shorts with a black and/or white t-shirt or button-up. No wigs permitted; hair should be kept neatly off face. Female dancers age 14 and above wearing skirts or dresses must wear black tights of a denier not less than 70 percent in accordance with CLRG rule 5.1.1 (effective 1 February 2020).

Limited seating behind each stage reserved for teachers and people with disabilities. Limited camping space; please pack accordingly!

FEIS INFORMATION

Entries: Entries close June 5. Late entries/changes accepted with late fees through June 13. If cap is not reached, day-of entries accepted for \$50 same-day entry fee.

Number pick-up: Day of feis, number pick-up 7am-12pm.

Camping: LIMITED CAMPING SPACE INSIDE VENUE. Large parking lot outside; tailgating encouraged!

FEIS DAY FLOW: *This is subject to change. Final schedule & stage assignments will be posted at www.kyirishdancers.org*

7am Doors open; number pick-up

8am Feis begins promptly, following this **Order of Competitions:**

- U12 and younger grades solos, U12 and younger prelim and open championships
- U12 and younger champ and non-champ trad set specials, U12 and younger figures
- Family Figure, U13 & older figures, including adults; U13 & older champ and non-champ trad set specials, including adults
- U13 & older grades solos, U13 & older prelim and open championships, *Bluegrass Cup* adult trophy to follow all adult solos

FATHER'S DAY FUN: Enjoy figure skating and mini golf – on site!

FIRST FEIS

The First Feis level has been established for dancers who are competing in their very First Feis. Once a dancer competes in the First Feis category, the dancer must move into Beginner 1 or Beginner 2.

	GIRLS									BOYS							
	U5	U6	U7	U8	U9	U10	U11	O11		U5	U6	U7	U8	U9	U10	U11	O11
REEL	105RL	106RL	107RL	108RL	109RL	110RL	111RL	112RL		155RL	156RL	157RL	158RL	159RL	160RL	161RL	162RL
LIGHT JIG	105LJ	106LJ	107LJ	108LJ	109LJ	110LJ	111LJ	112LJ		155LJ	156LJ	157LJ	158LJ	159LJ	160LJ	161LJ	162LJ
SINGLE JIG*	105SN	106SN	107SN	108SN	109SN	110SN	111SN	112SN		155SN	156SN	157SN	158SN	159SN	160SN	161SN	162SN
SLIP JIG	105SJ	106SJ	107SJ	108SJ	109SJ	110SJ	111SJ	112SJ									

BEGINNER 1 (BEGINNER)**All hard shoe dances at traditional speeds.**

A dancer who has been dancing for less than one year. A Beginner 1 must move to Beginner 2 no later than January 1st of the dancers second year of instruction, or may move to Beginner 2 earlier with teacher's permission and provided that the Feis has not closed to changes. Note: A Beginner 1 dancer who starts in September may continue as a Beginner 1 until December of the following year (16 months) before moving into Beginner 2.

	GIRLS										BOYS								
	U5	U6	U7	U8	U9	U10	U11	U12	O12		U5	U6	U7	U8	U9	U10	U11	U12	O12
REEL	205RL	206RL	207RL	208RL	209RL	210RL	211RL	212RL	213RL		255RL	256RL	257RL	258RL	259RL	260RL	261RL	262RL	263RL
LIGHT JIG	205LJ	206LJ	207LJ	208LJ	209LJ	210LJ	211LJ	212LJ	213LJ		255LJ	256LJ	257LJ	258LJ	259LJ	260LJ	261LJ	262LJ	263LJ
SINGLE JIG*	205SN	206SN	207SN	208SN	209SN	210SN	211SN	212SN	213SN		255SN	256SN	257SN	258SN	259SN	260SN	261SN	262SN	263SN
SLIP JIG	205SJ	206SJ	207SJ	208SJ	209SJ	210SJ	211SJ	212SJ	213SJ										

BEGINNER 2 (ADVANCED BEGINNER)**All hard shoe dances at traditional speeds.**

A dancer who has been dancing for more than one year and who has not won a 1st, 2nd, or 3rd in Beginner 2. A dancer who has won a 1st, 2nd, or 3rd in a Beginner 2 dance must move into Novice in that dance no later than January 1st of the next calendar year or with teacher's permission as soon as the next Feis (if said Feis has not closed to changes).

	GIRLS										BOYS								
	U6	U7	U8	U9	U10	U11	U12	U13	O13		U6	U7	U8	U9	U10	U11	U12	U13	O13
REEL	306RL	307RL	308RL	309RL	310RL	311RL	312RL	313RL	314RL		356RL	357RL	358RL	359RL	360RL	361RL	362RL	363RL	364RL
LIGHT JIG	306LJ	307LJ	308LJ	309LJ	310LJ	311LJ	312LJ	313LJ	314LJ		356LJ	357LJ	358LJ	359LJ	360LJ	361LJ	362LJ	363LJ	364LJ
SINGLE JIG*	306SN	307SN	308SN	309SN	310SN	311SN	312SN	313SN	314SN		356SN	357SN	358SN	359SN	360SN	361SN	362SN	363SN	364SN
SLIP JIG	306SJ	307SJ	308SJ	309SJ	310SJ	311SJ	312SJ	313SJ	314SJ										
TREBLE JIG	306TJ	307TJ	308TJ	309TJ	310TJ	311TJ	312TJ	313TJ	314TJ		356TJ	357TJ	358TJ	359TJ	360TJ	361TJ	362TJ	363TJ	364TJ
HORNSPIPE	306HP	307HP	308HP	309HP	310HP	311HP	312HP	313HP	314HP		356HP	357HP	358HP	359HP	360HP	361HP	362HP	363HP	364HP
ST PATRICK DAY	306PD	307PD	308PD	309PD	310PD	311PD	312PD	313PD	314PD		356PD	357PD	358PD	359PD	360PD	361PD	362PD	363PD	364PD

NOVICE**All hard shoes dances can be done at either traditional speed or slow speed.**

A dancer moves into Novice as a result of placing 1st, 2nd, or 3rd in that dance as indicated in Beginner 2. A dancer who wins 1st in a Novice dance must move into Prizewinner in that dance no later than January 1st of the next calendar year or with teacher's permission as soon as the next Feis (if said Feis has not closed to changes).

	GIRLS										BOYS										
	U7	U8	U9	U10	U11	U12	U13	U14	U15	O15	U7	U8	U9	U10	U11	U12	U13	U14	U15	O15	
REEL	407RL	408RL	409RL	410RL	411RL	412RL	413RL	414RL	415RL	416RL		457RL	458RL	459RL	460RL	461RL	462RL	463RL	464RL	465RL	466RL
LIGHT JIG	407LJ	408LJ	409LJ	410LJ	411LJ	412LJ	413LJ	414LJ	415LJ	416LJ		457LJ	458LJ	459LJ	460LJ	461LJ	462LJ	463LJ	464LJ	465LJ	466LJ
SINGLE JIG*	407SN	408SN	409SN	410SN	411SN	412SN	413SN	414SN	415SN	416SN		457SN	458SN	459SN	460SN	461SN	462SN	463SN	464SN	465SN	466SN
SLIP JIG	407SJ	408SJ	409SJ	410SJ	411SJ	412SJ	413SJ	414SJ	415SJ	416SJ											
TREBLE JIG	407TJ	408TJ	409TJ	410TJ	411TJ	412TJ	413TJ	414TJ	415TJ	416TJ		457TJ	458TJ	459TJ	460TJ	461TJ	462TJ	463TJ	464TJ	465TJ	466TJ
HORNSPIPE	407HP	408HP	409HP	410HP	411HP	412HP	413HP	414HP	415HP	416HP		457HP	458HP	459HP	460HP	461HP	462HP	463HP	464HP	465HP	466HP
TRADITIONAL SET	407TS	408TS	409TS	410TS	411TS	412TS	413TS	414TS	415TS	416TS		457TS	458TS	459TS	460TS	461TS	462TS	463TS	464TS	465TS	466TS

PRIZE WINNER**All hard shoes dances can be done at either traditional speed or slow speed.**

A dancer moves into Prizewinner as a result of placing 1st as indicated in Novice.

	GIRLS										BOYS										
	U7	U8	U9	U10	U11	U12	U13	U14	U15	O15	U7	U8	U9	U10	U11	U12	U13	U14	U15	O15	
REEL	507RL	508RL	509RL	510RL	511RL	512RL	513RL	514RL	515RL	516RL		557RL	558RL	559RL	560RL	561RL	562RL	563RL	564RL	565RL	566RL
LIGHT JIG	507LJ	508LJ	509LJ	510LJ	511LJ	512LJ	513LJ	514LJ	515LJ	516LJ		557LJ	558LJ	559LJ	560LJ	561LJ	562LJ	563LJ	564LJ	565LJ	566LJ
SINGLE JIG*	507SN	508SN	509SN	510SN	511SN	512SN	513SN	514SN	515SN	516SN		557SN	558SN	559SN	560SN	561SN	562SN	563SN	564SN	565SN	566SN
SLIP JIG	507SJ	508SJ	509SJ	510SJ	511SJ	512SJ	513SJ	514SJ	515SJ	516SJ											
TREBLE JIG	507TJ	508TJ	509TJ	510TJ	511TJ	512TJ	513TJ	514TJ	515TJ	516TJ		557TJ	558TJ	559TJ	560TJ	561TJ	562TJ	563TJ	564TJ	565TJ	566TJ
HORNSPIPE	507HP	508HP	509HP	510HP	511HP	512HP	513HP	514HP	515HP	516HP		557HP	558HP	559HP	560HP	561HP	562HP	563HP	564HP	565HP	566HP
TRADITIONAL SET	507TS	508TS	509TS	510TS	511TS	512TS	513TS	514TS	515TS	516TS		557TS	558TS	559TS	560TS	561TS	562TS	563TS	564TS	565TS	566TS

PRELIMINARY CHAMPIONSHIPS

A dancer who wins 1st place in each of the Open Prizewinner dances (reel, slip-jig, treble jig, and hornpipe) can move into Preliminary Championships with teacher's permission (IDTAMA). Boys and Girls will compete against each other, however if there are at least 5 boys entered, the boys will be moved into a separate competition. In cases where a Feis elects to split a competition due to a large entry, the split must be done by birth date age in the same manner as the North American Championships.

Dancers will perform 48 bars of the reel or 40 bars of the slip-jig **and** 40 bars of the hornpipe or 48 bars of the treble jig.

Preliminary Championship will be judged and scored by all 3 judges. In addition, awards will also be posted for each solo round (light and heavy round) based on the scores of one judge (different judges scores for light and heavy).

	U9	U10	U11	U12	U13	U14	U15	U16	U17	O17
Preliminary Championship	609PC	610PC	611PC	612PC	613PC	614PC	615PC	616PC	617PC	618PC
Set Dance		610SD		612SD		614SD		616SD	<i>O16 Set Dance: 618SD</i>	

OPEN CHAMPIONSHIPS

A dancer who wins two First Place awards in one calendar year will move on to Open Championship the following year, or as soon as the second win is achieved, in any age category, in the following years. Only in the case of back-to-back Feiseanna (successive days), in which case the first win in the first Feis will not change the dancer's status for the second Feis. Placing in a Regional or National Oireachtas does not change the status of a competitor.

Dancers will perform: 48 bars of reel or 40 bars of slip-jig, 40 bars of the hornpipe or 48 bars of the treble jig, and a Set Dance. A Feis may elect to have a recall of 50% of the competitors for the set-dance round if there are over 20 dancers in the competition.

Open Championship will be judged and scored by all 3 judges. In addition, awards will also be posted for each solo round (light, heavy, and set) based on the scores of one judge (different for each round).

	GIRLS / LADIES						BOYS / MEN				
	U10	U12	U14	U16	U18	O18	U12	U14	U16	U18	O18
Championship	710OC	712OC	714OC	716OC	718OC	719OC	762OC	764OC	766OC	768OC	769OC

NOTE: A dancer who has not received a legitimate placing (sufficient competitors within the normal placing scale) along with a dancer who has not placed in Open Championships for two consecutive years, may return to their previous competition level. For example, an Open Championship dancer that does not place in two consecutive years may return to Preliminary Championships, the same as a Preliminary dancer who does not place can return to Prizewinner.

FIGURE & CEILI DANCING

	2 HAND REEL	3 HAND REEL	4 HAND CEILI
Under 7	921	931	941
Under 9	922	932	942
Under 11	923	933	943
Under 13	924	934	944
Under 15	925	935	945
Over 15	926	936	946
Adult	927	937	947

CEILI DANCING

	8 HAND CEILI
Under 9	981*
Under 11	982*
Under 13	983*
Under 16	984*
Over 16	985*
Adult	986*

ADULT

A dancer over the age of 18 who has not danced in the above described competitions for a period of five years. Dancers who are in the Adult categories cannot enter any competition other than Adult specified competitions. A dancer who wishes to return to any category other than Adult **must** remain out of Adult competitions until they retire from dancing for five consecutive years. Beginner 1 & 2 hard shoes dances will be at traditional speeds. Novice/Prizewinner hard shoe dances can be done at either traditional or slow speeds.

	BEGINNER 1 & 2	NOVICE/PRIZEWINNER
REEL	835RL	855RL
LIGHT JIG	835LJ	855LJ
SINGLE JIG	835SN	855SN
SLIP JIG	835SJ	855SJ
TREBLE JIG	835TJ	855TJ
HORNPIPE	835HP	855HP
TRADITIONAL SET	835TS	855TS

TRADITIONAL SET SPECIALS

In memory of our beloved founders and teachers, Peggy McTeggart and Maureen McTeggart Hall, the Kentucky McTeggart Irish Dancers are proud to continue our traditional set specials, this year with the addition of an adult category.

PEGGY McTEGGART TRADITIONAL SET SPECIAL		
Age Group	Non-Champ	Champ
U10	971	974
U12	972	975
U16	973	976

MAUREEN McTEGGART HALL TRADITIONAL SET SPECIAL		
Age Group	Non-Champ	Champ
O16	977	979
Adult	978	NA

BLUEGRASS CUP - ADULT TROPHY SPECIAL

This is a two-round competition for adult dancers with one adjudicator. Dancers will perform a 32-bar soft-shoe dance (reel for men; reel or slip jig for women) and a traditional set. Dancers may also compete in their regular adult solo competitions.

BLUEGRASS CUP - ADULT TROPHY SPECIAL	865
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TREBLE REEL SPECIALS

In addition to a trophy, winners of each treble reel competition receive free admission to ice rink for open skate and free skate rental!

TREBLE REEL SPECIAL		
Age Group	Non-Champ	Champ
U12	962	966
U16	963	967
O16	964	968
Adult	965	NA

VISUAL ARTS & SODA BREAD

In addition to a medal, winners of visual arts and soda bread competitions receive free admission to ice rink for open skate and free skate rental!

VISUAL ARTS & SODA BREAD		
Age Group	Visual Art	Soda Bread
Under 18	993	995
Over 18	994	996

FAMILY FIGURE SPECIAL

Any number of members of a family are invited to perform a figure of their own invention or their school's choreography. Each figure dance must be 48 bars in length, with an 8-bar intro. Cost for family figure entry is per person.

FAMILY FIGURE	
Family Figure	1000

GENERAL FEIS RULES

1. In the case of all solo and team competitions in all grades, the age of a competitor on 1st January of the year in which the competition is held will determine the right of entry. For the purposes of this Rule a competitor whose birthday occurs on 1st January shall be deemed to be under the age attained on that date.
2. Competitions are open to all but those holding a TMRF, TCRG, or ADCRG designation. A feis can only accept entries from pupils of teachers registered with An Coimisiun and registered with both the IDTANA and the North American region in which they reside.
3. A competitor may be disqualified for any of the following reasons:
 - a) Conduct unbecoming a lady or gentleman.
 - b) Failure to report on time to compete. (Penalty: disqualification from said event)
 - c) Falsification of age or other important facts – i.e., teaching, award winning, competing under another competitor's name or number, etc.

Penalty for (a) or (c): Competitor will be disqualified from the Feis at which the occurrence happened and from all NAFC – registered Feiseanna for a period of one year beginning at the date of the occurrence.

4. Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. This does not pertain to a situation where competitors are involved in stage conflicts, and such conflicts will be handled by the stage monitor.
5. Steel taps or “bubble” heels on dancing shoes and any display of awards is prohibited. Authentic Gaelic dress is desired.
6. First Feis (if offered), Beginner and Advanced Beginner, aka Beginner I and II, must wear a class costume, or a skirt/pants and top. All other categories are excluded from this rule. Modest attire is encouraged when a competitor is not dancing.
7. Competitor's number must be worn and visible to adjudicators when performing in all competitions. Use of reflective plastic number covers is discouraged.
8. The number of awards given is determined by the Feis Committee and is based on the scores and ranks given by the adjudicator(s).
9. Complaints must be in writing stating names and other factual information and signed by the complainant. A \$25.00 fee must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.
10. The Feis Committee and any organization affiliated with same, will not be held responsible for personal injury, property loss or damage. Destruction of Feis property and/or rental property will be punishable by law.
11. The Feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitor's performing time. The decision of the Feis Committee is final in all matters connected with the Feis.
12. All Feiseanna must have a process to allow parents to request that their child or children's name(s) not be listed on the posted competitor list prior to the day of the Feis.
13. Competitors must answer all questions as required by the Feis Entry committee, including teacher's name, and include the entry fee for entry to be accepted. Failure to do so will result in a rejected entry.
14. With the exception of First Feis and Beginner 1 the status of the dancer does not change unless there are five or more dancers in the competition.

15. With the exception of First Feis, Beginner 1 and Beginner 2 (or their equivalent), photography of any kind which has the capability of capturing a dancer's image while in motion is strictly forbidden. A Feis may elect to allow in motion photography for publicity purposes, but the pictures are considered the sole property of the Feis and solely for Feis use only; these are not to be used for personal gain through commercial use or sale, and under no circumstances can they be published on any website or other areas, without the express written permission of the persons involved. Additionally, a professional photographer may be formally contracted by a Feis to capture non-motion photographs, such as portrait photography, awards ceremonies, etc. and/or in motion photography provided it is taken at a vendor station or suitable location: (a) away from the dancing stages and, (b) requested by a consenting parent, guardian, or dancer (over the age of 18).
16. No block, en Pointe, toe walking movements, stationary or moving is allowed to be performed for all ages up to and including the under 12 age group. However, after September 1 of each year an exception is made for those dancers who are 11 dancing in the under 12 age group.
17. No substance that can become airborne should be used on any dance floor in an attempt to improve traction.

GRADE LEVEL RULES

1. Solo competitors in First Feis (if offered), Beginner, Advanced Beginner, Novice or Open (Prizewinner) competitions:
 - (a) Must compete in their own age group.
 - (b) Must be prepared to perform two steps in each event.

With the exception of First Feis and Beginner 1, a dancer's level is determined in each dance (Reel, Light Jig, Single Jig, Slip-Jig, Hornpipe, Treble Jig, and Traditional Set). Traditional Set Dances are limited to those dances determined by An Coimisiun Le Rince Gaelacha as traditional set dances.

2. Competitions may be combined with the next higher age group if there are less than 5 competitors entered. Competitions can only be combined up (or down) one age group. Committees may combine three consecutive age groups, in the highest age groups only, when needed to create a competition of five (5) competitors.
3. Boys and girls CANNOT be combined EXCEPT according to the following:
 - (a) All boys' competitions below Preliminary Championships shall be initially entered in single year age groups;
 - (b) If there are less than 5 entries in any one age group, combination of the competitions shall be done according to the following rules, in order of preferential application:
 - (1) Into double All Boys age groups: and
 - (2) If a double All Boys age group does not create 5 or more entries, the boys shall instead be combined into the corresponding single year Girls' age group; and
 - (3) If the combined Boys and Girls age group still does not create five (5) or more entries, that competition may be combined with as stated in rule #2.
 - (4) Any competitions so combined shall be run as a single competition.
4. Each region may determine the system for moving dancers from one grade to another, as they see appropriate for their region. The syllabus is to contain all grade categories. A Feis Committee may combine two consecutive age categories into the higher of the two categories within that grade when less than five (5) competitors are entered (see Rule 2, above). Competitors have the option to remain in the same category for the remainder of the Feis year. A dancer, at the discretion of the teacher, may move into the next Grade (not Open Championships) without satisfying the requirements. However, once a dancer competes in the higher level, they can never move back to a lower category, (except as outlined in Rule 1, above).

5. Grade Levels

First Feis: A dancer who has never competed in a Feis. A dancer can only be in this category for a single day and cannot compete at any other level in the Feis. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.

Beginner 1 (Beginner) Grade: A beginner is a competitor who has not yet taken a full year of Irish Dance lessons, thereby giving beginners a full year with such status. A Beginner must move into the Beginner 2/Advanced Beginner category the next year. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.

Beginner 2 (Advanced Beginner) Grade: An advanced beginner who wins 1st, 2nd or 3rd place will advance to the Novice category in that particular dance. Competition dances are reel, light jig, slip jig, traditional treble jig and traditional hornpipe, as a minimum requirement. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.

Novice Grade: A novice who wins a 1st place will advance to the Open (Prizewinner) category in that particular dance.

Open Prizewinner Grade: A competitor who does not qualify as a beginner, advanced beginner or as a novice.

Adult Beginner: An adult beginner is a competitor who never took Irish dancing lessons as a juvenile and is over 18 years of age.

6. First Feis (if offered), Beginner 1, and Beginner 2 are required to dance at traditional speeds. Novice and Open/Prizewinner dancers may choose between traditional and Oireachtas speeds.
7. The following dance speeds must be adhered to;

	First Feis	Beginner	Adv Beginner	Novice	Prizewinner
Reel	122	122	122	113	113
Light Jig	115	115	115	115	115
Slip Jig	122	122	122	113	113
Single Jig	124	124	124	124	124
Treble Jig			92	73/92	73/92
Hornpipe			138	113/138	113/138

CHAMPIONSHIP LEVEL RULES

1. First place winners in the Open Championship category cannot return to a Preliminary or Open (Prizewinner) competition. Placing in a Regional or National Oireachtas does not change the status of a competitor. A dancer who moves into Open Championship must stay a minimum of 2 years. If after 2 years they have not placed they are allowed to return to Preliminary. An Open Championship dancer who places is not allowed to return to Preliminary until 2 years after their last placement.
2. Entrants in any Championship event may not enter in any other (Grade) events, but may enter in Figure Dances and Specials, ie Treble Reel Competition, etc.
 - (a) Dancers must qualify for Open Championship via the method now in place for Preliminary Championship, i.e. two 1st place wins.
 - (b) Dancers must compete in the Preliminary Championship competition in order to qualify for Open Championship
3. Preliminary Championships are open to those who, at any NAFC recognized Feis:
 - (a) A dancer who wins 1st place in each of the Open Prizewinner dances (reel, slip-jig, treble jig, and hornpipe) can move into Preliminary Championships with teacher's permission.
 - (b) Have never won 1st, 2nd or 3rd in Open Championship. A dancer who wins two first place awards will move on to Open Championship at the next Feis they enter, or as soon as the second win is achieved, in any age category, in the following years. Only in the case of back-to-back feiseanna (successive days), in which case the first win in the

first Feis will not change the dancer's status for the second Feis. A dancer is required to perform a light shoe dance (reel or slip jig for ladies and reel only for men), and a hard shoe dance. A Feis can opt to offer either a) a set dance or b) a jig/hornpipe.

4. A Mid-America region feis may choose to combine boys and girls in Open Championship competitions when there are less than 5 dancers registered in a particular age category.

One of the following statements MUST be in the feis syllabus:

When there are less than five dancers registered in a particular Open Championship age category, the boys and girls will NOT be combined.

OR

When there are less than five dancers registered in a particular Open Championship age category, the boys and girls WILL be combined.

5. The boys' open championship age categories will match the girls' open championship age categories.
6. Every competitor in Preliminary or Open Championship must have a minimum of 8 rotations or 10 minutes between each of their rounds.

FIGURE/CEILI TEAM RULES

1. Teachers or team captains are responsible that their teams are complete and in position when the competition is announced.
 - a) There are no restrictions on figure age groups
 - b) Figure age groups will be determined by the oldest dancer.
 - c) 8 hand teams are allowed to repeat dancers at all Mid-America feiseanna in accordance with the World and Regional Oireachtas rules.
2. The length of 2 hand and 3 hand dances in competition are to be 48 bars of music plus an 8 bar introduction.

ADJUDICATORS & MUSICIANS

1. Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is performing.
2. Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.
3. In matters pertaining to adjudication, the decision of the adjudicators is final.
4. Adjudicators are to monitor the quality of music at the stage(s) to which they are assigned.
5. Championships and Preliminary Championships require at least three adjudicators.
6. Each Feis is required to list their adjudicators on their syllabus and/or website at least three weeks before the close on entries, one-third of which are to be from outside the region where the Feis is being held.

COSTUME RULES

1. Make up is prohibited on a dancer in the first three grades (First Feis (if offered), Beginner 1 and Beginner 2 or their equivalent) up to and including the under 12 age group.

2. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed aids (proof of which may be required) will be exempt from this rule.
3. Competitors in girl's competitions at the First Feis (if offered), Beginner 1 and Beginner 2 Grade will wear only the competitor's dancing school costume or a skirt/pants and top.

MODESTY RULE

Changing costumes, dressing and undressing of dancers will not be acceptable in the halls or public areas. For the sake of modesty and in the interest of safety, dancers will not be permitted to walk around the feis scantily dressed.