

Dance For Life 2019

Hosted by Scoil Rince Slieveloughane

Saturday, July 27, 2019

Also join us for the 3rd Annual Mt. Rainier Feis on Sunday, July 28th.
This is a standalone feis with competitions for all age groups and levels.
You must register for the Mt. Rainier feis separately at www.feisworx.com

REGISTER FOR THE FEIS VIA WWW.FEISWORX.COM

Registration closes July 12, 2019

Late Registration will incur an additional fee
Syllabus and additional information also available at
www.SRSirishdance.com

Adjudicators

Finnuala Irwin, ADCRG
Laura LeMesurier, ADCRG
Michael Pat Gallagher, ADCRG
Sharon Whelan ADCRG
Mary Lou Schade, SDCRG
TBA



Musicians

Merv Bell
Fr. Ryan Duns

Bellarmino Preparatory School
2300 South Washington Street
Tacoma, WA 98405

Hotel & Visitor Information

For more information on hotels and fun activities in the area, visit the following websites:

www.gigharborguide.com
www.traveltacoma.com

Updated 5/11/19

Member of the North American Feis Commission - Lori Seeman, President
Member of An Coimisiún le Rincí Gaelacha, Dublin, Ireland

We follow the dance competition rules as found at:

http://northamericanfeiscommission.org/uploads/2016_DANCING_COMPETITION_RULES.pdf

Tentative Schedule

Saturday, July 27

Competitions will begin at 8:00 am at Bellarmine Prep

- Open Championships – All ages
- Preliminary Championships – All ages
- Solos (Grade levels) – All Ages
- All special trophy dances for all levels and ages
- Open Champion Dance off will be held at the end of the day.

This is a tentative schedule and is subject to change based on actual registration.

2019 Dance for Life Feis Fees

Open Championship	\$50.00
Preliminary Championship	\$50.00
Solos, flat fee light shoe	\$20.00
Solos, flat fee hard shoe	\$15.00
Specials (each)	\$10.00
Family Registration Fee	\$25.00
Late Fee: Entries accepted between 7/13 – 7/20	\$20.00
Entries accepted after July 20	\$50.00
Feis Program – Prepaid	\$5.00

(Note: The program combines the Dance for Life Feis & Mt. Rainier Feis information. You will only need to purchase the program once.)

Please Note:

- **This feis accepts only US funds drawn on a US bank. There is no exception to this policy.**
- The Family Registration Fee includes access to online results; **no printed results will be sold at the feis.**
- The Family Maximum is \$150. This excludes any specials, family registration, program and late fees.
- Dancers who have moved up in level at the Dance for Life Feis, and who are registered to compete in the Mt. Rainier Feis the following day, have the option to change their level for the Mt. Rainier feis. **All changes in level for the Mt. Rainier Feis must be done by 5:00 on Saturday, July 27. A \$10.00 per dancer fee will be charged to process level changes.**

Solo Competitions										
First Feis	U7	U9	U11	11 & 0						
REEL	1	4	7	10						
LIGHT JIG	2	5	8	11						
<i>*Rule – first feis competitions are open only to those dancers entered in their very first feis.</i>										

Beginner 1	U7	U9	U11	11 & O						
REEL	101	108	115	122						
LIGHT JIG	102	109	116	123						
SLIP JIG	103	110	117	124						
SINGLE JIG	104	111	118	125						
TREBLE JIG	105	112	119	126						
HORNPIPE	106	113	120	127						
ST. PATRICK'S	107	114	121	128						

Beginner 2	U7	U9	U11	11 & O						
REEL	201	208	215	222						
LIGHT JIG	202	209	216	223						
SLIP JIG	203	210	217	224						
SINGLE JIG	204	211	218	225						
TREBLE JIG	205	212	219	226						
HORNPIPE	206	213	220	227						
ST. PATRICK'S	207	214	221	228						

Novice	U9	U11	U13	13 & O						
REEL	301	308	315	322						
LIGHT JIG	302	309	316	323						
SLIP JIG	303	310	317	324						
SINGLE JIG	304	311	318	325						
TREBLE JIG	305	312	319	326						
HORNPIPE	306	313	320	327						
TRAD SET	307	314	321	328						

Prizewinner	U9	U11	U13	U15	15 & O					
REEL	401	408	415	422	429					
LIGHT JIG	402	409	416	423	430					
SLIP JIG	403	410	417	424	431					
SINGLE JIG	404	411	418	425	432					
TREBLE JIG	405	412	419	426	433					
HORNPIPE	406	413	420	427	434					
TRAD SET	407	414	421	428	435					

Championships and Trophy Competitions

	U9	U11	U13	U15	15 & O	U17	17 & O
PRELIMINARY CHAMPIONSHIPS	701	702	703	704	705		
OPEN CHAMPIONSHIPS	712	713	714	715		716	717

- ⌘ Preliminary & Open Championship will dance 3 rounds: Hard Shoe, Soft Shoe & Set. Each round will be awarded separately.
- ⌘ Preliminary & Open Championship entrants in the U9 championships must dance a traditional set.
- ⌘ The combined scores for all two rounds (Preliminary) or three rounds (Open) will award overall placement trophy.
- ⌘ **John & Peggy Prendergast Memorial Trophy:** The first place winners in each Open Championship are invited to compete for this perpetual cup. Dancers will perform a soft shoe and their set.

Trophy Specials*	U11	U13	13&O		
First Feis Reel	907	914	921		
Beginner 1 Reel	908	915	922		
Advanced Beginner Reel	909	916	923		
Novice Reel	910	917	924		
Prizewinner Reel	911a	918a	925a		
Prizewinner Treble Reel	911b	918b	925b		
Prelim Treble Reel	912	919	926		

* Dancers may only register for a trophy dance at the current level of their reel.

Cultural Competitions	U18	Adult			
Soda Bread Competition	930	931			

Please submit 1 loaf of your homemade Irish Soda Bread to the registration desk by 10:00 am. Bread should be wrapped securely and clearly marked with the entrant's name and school affiliation.

Dancing Competition Rules

1. Rules 1-29 adopted by North American Feis Commission are included by reference.
2. Competitors must be in the hall, prepared to dance, one hour prior to the scheduled beginning of their event.
3. Dancers who appear in competitions for which they are not registered will not be eligible for placement or awards.
4. When awards are announced from the stage, competitors must be in costume, including dance shoes, to receive their awards.
5. Scoil Rince SlieveLoughane, Bellarmine Prep, the Feis Committee and anyone associated with the Committee in putting on the Feis, shall not be held responsible or liable for any personal injury, property loss, or damage incurred before, during, or after the feis, by any participants or by anyone attending the event.

Level Advancement & Definitions (as specified in the Western US Region Rules):

First Feis: This level of competition is for dancers participating in their first feis ever. Dancers are allowed to only dance at this level once in their dancing career, regardless of how many dances they compete in at their first feis.

Advancement Beginner 1, Beginner 2 & Novice: Dancers advance to the next grade level in each specific dance as follows:

- 5 – 9 Dancers in the competition: The dancer(s) placing first move onto the next level in that dance only.
- 10 or more Dancers in the competition: Dancers placing first and second move onto the next level in that dance only.
- Advancement on the second day of “back-to-back” feiseanna is optional and subject to teacher discretion.

Advancement from Prizewinner to Preliminary Championship is at the teacher's discretion.

Advancement from Preliminary Championship to Open Championship: Dancer must have earned 3 overall first places in competitions with 5 or more dancers. Upon winning the 3rd overall first place in preliminary championship, a dancer must immediately move to the Open level, even in the case of back-to-back feiseanna. (Note: this applies to both 2 & 3 round preliminary championships)

Adults: Dancers who started Irish Dance after the age of 18 or who are over the age of 18 and have been out of competition for 5 or more years.

Beginner Figures: Open only to dancers who have at least one solo dance at the beginner 1 or beginner 2 level.

Open Figures: Open to dancers at all levels (except for dancers at the adult level).