

# Back – to – Back with Rocky Mountain Feis

Member of the  
NAFC



Member of  
An Coimisiún  
Dublin, Ireland

Presented by

Avoca Irish Dance Academy & Dancers Foundation

**Saturday January 2, 2021**

**Little America Hotel & Resort  
in Cheyenne, Wyoming**

2800 W Lincolnway, Cheyenne, WY 82009

Discounted Hotel Block at Little America will be posted on our Facebook pages & Feisworx

ADJUDICATORS & MUSICIANS will be announced on our Facebook page:

<https://www.facebook.com/HeartOfTheRockiesFeis>

**Entry Deadline: December 18, 2020**

**Entry Cap: 250 Enter online at [www.feisworx.com](http://www.feisworx.com)**

**PLEASE NOTE: Payments for the Feis will open no earlier than December 11, 2020. Those dancers registered below the cap will be given first priority to pay. If after one or two days payments are not received, then payments will be accepted from waitlisted dancers.**



## Saturday, January 2, 2021

Every effort will be made to split or combine competitions where it will most benefit all dancers.

Times and competition stage locations are subject to change even on competition day.

**GRADED SOLO COMPETITIONS** All dancers will perform one at a time for 16 bars, one step on Right and Left foot, except Traditional Set for non-champ dancers (stage will be split and dancers will perform the full dance, two at a time)

FIRST FEIS	U7	U9	U11	11&O
Reel	20	40	60	80
Light Jig *	21	41	61	81

First Feis is not per dance, it is the first Feis ever for the dancer. Only one first Feis regardless of how many dances they are doing. Dancers may only enter First Feis once even in case of back-to-back Feiseanna.

Light Jig\* TROPHY DANCE – Dancers will receive a trophy for participating in their first Light Jig Competition.

BEGINNER 1	U7	U8	U9	U10	U11	11&O
Reel	120	130	140	150	160	180
Light Jig	121	131	141	151	161	181
Slip Jig	122	132	142	152	162	182
Single Jig	123	133	143	153	163	183
Treble Jig	124	134	144	154	164	184
Hornpipe	125	135	145	155	165	185
St. Patrick's Day	126	136	146	156	166	186

Beginner 1 open to those who have never won 1<sup>st</sup> place when 5-9 dancers in dance entered and never won 1<sup>st</sup> or 2<sup>nd</sup> place when 10 or more dancers in dance entered.

BEGINNER 2	U7	U8	U9	U10	U11	11&O
Reel	220	230	240	250	260	280
Light Jig	221	231	241	251	261	281
Slip Jig	222	232	242	252	262	282
Single Jig	223	233	243	253	263	283
Treble Jig	224	234	244	254	264	284
Hornpipe	225	235	245	255	265	285
St. Patrick's Day	226	236	246	256	266	286

Beginner 2 open to those who have never won 1<sup>st</sup> place when 5-9 dancers in dance entered and never won 1<sup>st</sup> or 2<sup>nd</sup> place when 10 or more dancers in dance entered

NOVICE	U7	U8	U9	U10	U11	U12	U13	13&O
Reel	320	330	340	350	360	370	380	390
Light Jig	321	331	341	351	361	371	381	391
Slip Jig	322	332	342	352	362	372	382	392
Single Jig	323	333	343	353	363	373	383	393
Treble Jig	324	334	344	354	364	374	384	394
Hornpipe	325	335	345	355	365	375	385	395
Traditional Set	326	336	346	356	366	376	386	396

Novice open to those who have never won 1<sup>st</sup> place when 5-9 dancers in dance entered and never won 1<sup>st</sup> or 2<sup>nd</sup> place when 10 or more dancers in dance entered.

PRIZEWINNER	U7	U8	U9	U10	U11	U12	U13	U15	15&O
Reel	410	420	430	440	450	460	470	480	490
Light Jig	411	421	431	441	451	461	471	481	491
Slip Jig	412	422	432	442	452	462	472	482	492
Single Jig	413	423	433	443	453	463	473	483	493
Treble Jig	414	424	434	444	454	464	474	484	494
Hornpipe	415	425	435	445	455	465	475	485	495
Traditional Set	416	426	436	446	456	466	476	486	496

Prizewinner: Advancement from Prizewinner to Preliminary Championship is at teacher discretion.

ADULT	Beginner	Novice	Prizewinner
Reel	620	640	660
Light Jig	621	641	661
Slip Jig	622	642	662
Single Jig	623	643	663
Treble Jig	624	644	664
Hornpipe	625	645	665
St. Patrick's Day *	626		
Traditional Set *		646	667

Adults: Dancers who started after the age of 18 or have been out of competitions for 5 years.

St. Patricks Day \* & Traditional Set \* TROPHY DANCE – First Place receives a Trophy

**PLEASE NOTE: ALL Championship Dancers will perform one at a time in all competitions AND dance full 48 or 40 bars of dance. All Set Dances will be performed in full.**

CHAMPIONS	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	17&O
Preliminary	700	710	720	730	740	750	760	770	780	790	795
Open	701	711	721	731	741	751	761	771	781	791	796

**Preliminary to Open Championship:** Must have 3 overall wins with 5 or more dancers, not at teacher discretion. Upon winning 3<sup>rd</sup> overall win in Preliminary Championships, a dancer must move immediately to Open, even in the case of back-to-back Feiseanna.

**Preliminary – 3 rounds**

48 bars of Reel or 40 bars of Slip Jig & 48 bars of Treble Jig or 40 bars of Hornpipe & Set of Choice

**Open – 3 rounds**

48 bars of Reel or 40 bars of Slip Jig & 48 bars of Treble Jig or 40 bars of Hornpipe & Set of Choice

**Please Note: For U9 and younger Open Champ age categories, set dance is traditional set dance only. If combines with U10 or older due to low entry numbers, they may dance a non-traditional set.**

## DANCE SPECIAL

PRE-OIREACHTAS SPECIAL	U10	U12	U14	U16	16 & O
HARD SHOE	900	910	920	930	940

**Pre-Oireachtas Special:** This Special is for non-champ dancers who are preparing for Oireachtas or any other non-champ dancer wanting to perform 3 steps of required dance.

**HARD SHOE:** Each dancer will perform 40 bars of Hornpipe or 48 bars of Treble Jig.

**AWARDS:** Awards will be handled the same as for Champions. With a recall list and then announced places.

## NON-DANCE SPECIAL

NON-DANCE SPECIALS	U11	11&O
Tiara Design	980	990
Why I Love Irish Dance Poetry	960	970

**Tiara Design:** Use ONLY ONE of the two templates provided. **Must be turned in by noon at the Registration Check-In Desk.**

**Irish Poetry:** Use heart template provided to write a poem or short essay on "Why I love Irish Dance" inside the provided heart template. All writing must be legible and fit inside provided heart template. **Must be turned in by noon at the Registration Check-In Desk.**



## Entry Fees

Light Shoe Solos	\$20	flat fee for all light shoe
Heavy Shoe Solos	\$15	flat fee for all heavy shoe
Pre-Oireachtas Special Hard Shoe	\$15	per competition
Championship	\$50	3 rounds
Preliminary Championship	\$50	3 rounds
Non- Dance Specials	\$5	per competition
Family Registration Fee	\$25	per family including online results
Family Maximum	\$150	excludes registration fees, late fees, & all Specials but includes Adults
Late Fee	\$25	for entries paid after deadline

### PLEASE NOTE:

- ***Should the feis be CANCELLED due to constraints relating to Covid-19, refunds will be processed, less a \$5.75 administrative fee per registration payment.***
- ***Attendance is limited to ONE spectator per registered dancer. Register in advance by Monday, December 28, 2020***
- ***ALL Attendees will wear masks inside the Venue, including all public areas and ballrooms. Dancers may remove masks when dancing but are encouraged to wear them if possible.***

### TENTATIVE SCHEDULE:

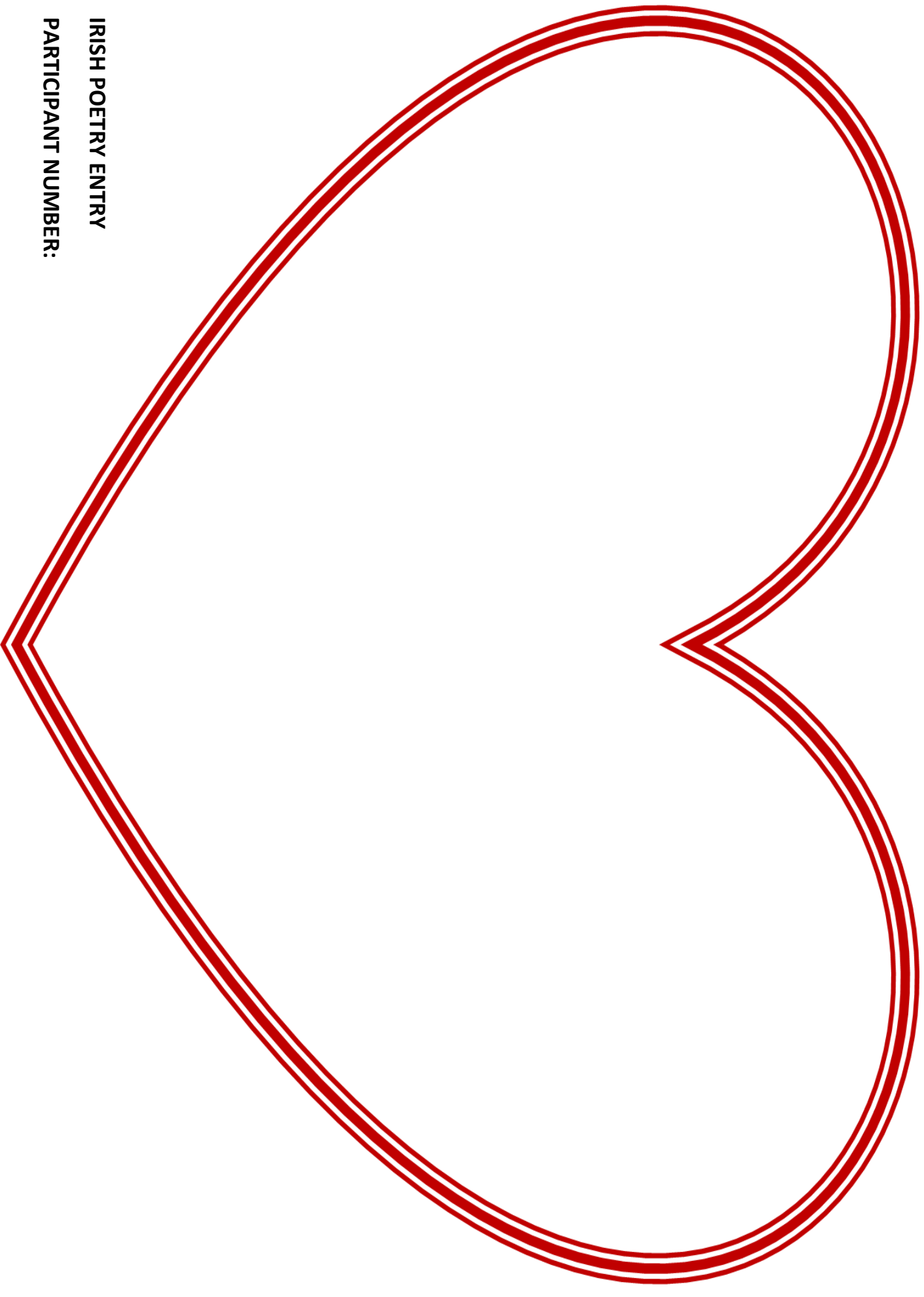
Doors open at 7am. Check-In will open at 7:00 am.

8:00 AM All Championships, Oldest to Youngest

After Lunch All Graded Competitions, First Feis through Prizewinner

### DANCING COMPETITION RULES:

- Rules 1-35 adopted by the North American Feis Commission are included by reference.
- Rules and requirements for each competition noted in the syllabus are included by reference.
- ***Competitors must be at the stage, prepared to dance, no more than fifteen minutes prior to the beginning of their scheduled event. To encourage social distancing and prevent overcrowding, no dance will begin before the scheduled time without being announced first.***
- Competitions with fewer than five entrants may be combined or cancelled by the Feis Committee.
- The Feis Committee may add or combine specials at its discretion.
- Syllabus subject to be revised as numbers of competitors require.
- Competitors must be in costume, including soft shoes, to receive awards presented from stage.
- Avoca Academy of Irish Dance, Avoca Dancers Foundation and Little America of Cheyenne, Wyoming will not be held responsible or liable for personal injury, property loss and/or damage incurred before, during or after the Feis. By entering this Feis, the entrant and/or the entrant's parent or legal guardian agrees to indemnify and hold harmless Rocky Mountain Feis, The Feis Committee, Feis Volunteers, Vendors, Little America, Avoca Irish Dance Academy, and Avoca Dancers Foundation for any liabilities or personal injury as a result of the entrant's participation.



**IRISH POETRY ENTRY**

**PARTICIPANT NUMBER:**



PARTICIPANT NUMBER: \_\_\_\_\_



PARTICIPANT NUMBER: \_\_\_\_\_

