

20Th Annual
Indianapolis Feis
LIFE IN THE FEIS LANE®
Saturday, June 10, 2017

Indiana State Fairgrounds, 1202 East 38th Street.

Feis limits: 750 Non-Championship Dancers
275 PC/Championship Dancers

Check-in Saturday beginning at 7:00 am
Feis begins promptly at 9:00 am EDT with figure dancing

Register on-line at www.Feisworx.com
Beginning on April 26th, 2017

Entries Close:

The registration will close when cap is reached or May 27st, 2017. Changes permitted until May 27, 2017 after there will be a change fee of \$10. Day-of-Feis registration available only if cap has not been reached, \$50 late fee, cost of competitions and the additional family fee payable in **Cash (ONLY)**. There is no limit on Day-of-Feis registrants who provide correct fees in cash and cap as not been met!

Sponsored by The Irish Dancers of Indianapolis
Joan Kaster, Co- Chair
Beth Falkenbach, Co-Chair.

Member of the North American Feis Commission
President Lori Seeman, Chicago, Ill
Member of An Coimisiun, Dublin, Ireland

The Marilyn Graham Perpetual Trophy will be awarded to the winner of the PC 17/Over competition.

NAFC Championships Belts
were held at the Sheraton New Orleans
on January 14, 2017

2017 NAFC Music Scholarship Competitions
15 and Over James Brennan Music Championship
will be held at the Detroit International Feis
on June 3, 2017

Under 15 Edward Callaghan Music Championship
will be held at the
Irish American Assn. NW Jersey Feis
on September 10, 2017

MID AMERICA REGIONAL SYLLABUS DANCING COMPETITION RULES

Adopted By The North American Feis Commission, 2010, WITH MIDWEST REGIONAL VARIATIONS, Updated 9/15/2014, Effective 12/1/14.

GENERAL FEIS RULES

1. In the case of all solo and team competitions in all grades, the age of a competitor on 1st January of the year in which the competition is held will determine the right of entry. For the purposes of this Rule a competitor whose birthday occurs on 1st January shall be deemed to be under the age attained on that date.

2. Competitions are open to all but those holding a TMRF, TCRG, or ADCRG designation. A feis can only accept entries from pupils of teachers registered with An Coimisiun, regardless of their domicile, and where applicable, registered with both the IDTANA and the North American region in which they reside.
3. A competitor may be disqualified for any of the following reasons:
 - a) Conduct unbecoming a lady or gentleman.
 - b) Failure to report on time to compete. (Penalty: disqualification from said event)
 - c) Falsification of age or other important facts – i.e., teaching, award winning, competing under another competitor’s name or number, etc.

Penalty for (a) or (c): Competitor will be disqualified from the Feis at which the occurrence happened and from all NAFC – registered Feiseanna for a period of one year beginning at the date of the occurrence.

4. Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. This does not pertain to a situation where competitors are involved in stage conflicts, and such conflicts will be handled by the stage monitor.
5. Steel taps or “bubble” heels on dancing shoes, display of awards, wearing of shorts or other unconventional dress is prohibited. Authentic Gaelic dress is desired. First Feis (if offered), Beginner and Advanced Beginner, aka Beginner I and II, must wear a class costume, or a skirt and blouse. All other categories are excluded from this rule. Modest attire is encouraged when a competitor is not dancing.
6. Competitor’s number must be worn and visible to adjudicators when performing in all competitions, except in Championships. Use of reflective plastic number covers is discouraged.
7. Awards will be determined in proportion to the number of entries in each competition and to the degree of proficiency shown.
8. Complaints must be in writing stating names and other factual information and signed by the complainant. A \$25.00 fee must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.
9. The Feis Committee and any organization affiliated with same, will not be held responsible for personal injury, property loss or damage. Destruction of Feis property or rental property will be punishable by law.
10. The Feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitor’s performing time. The decision of the Feis Committee is final in all matters connected with the Feis.
11. All Feiseanna must have a process to allow parents to request that their child or children’s name(s) not be listed on the posted competitor list prior to the day of the Feis.
12. Competitors must answer all questions as required by the Feis Entry committee, including teacher’s name, and enclose the entry fee when mailing. Failure to do so may result in a rejected entry. Entries must be postmarked on or before the closing date or they will be subject to a late fee as determined by the Feis.
13. The status of the dancer does not change unless there are five or more dancers in a competition.
14. With the exception of First Feis, Beginner 1 and Beginner 2 (or their equivalent), photography of any kind which has the capability of capturing a dancer’s image while in motion is strictly forbidden. A Feis may elect to allow in motion photography for publicity purposes, but the pictures are considered the sole property of the Feis and solely for Feis use only; these are not to be used for personal gain through commercial use or sale, and under no circumstances can they be published on any website or other areas, without the express written permission of the persons involved. Additionally, a professional photographer may be formally contracted by a Feis to capture non-motion photographs, such as portrait photography, awards ceremonies, etc. and/or in motion photography provided it is taken at a vendor station or suitable location: (a) away from the dancing stages and, (b) requested by a consenting parent, guardian, or dancer (over the age of 18).
15. No block, en Pointe, toe walking movements, stationary or moving is allowed to be performed for all ages up to and including the under 12 age group. However, after September 1 of each year an exception is made for those dancers who are 11 dancing in the under 12 age group.
16. No substance that can become airborne should be used on any dance floor in an attempt to improve traction.

GRADE LEVEL RULES

1. Solo competitors in First Feis (if offered), Beginner, Advanced Beginner, Novice or Open (Prizewinner) competitions:
 - (a) Must compete in their own age group.
 - (b) Must be prepared to perform two steps in each event.
 - (c) Cannot change competition on the day of the Feis.

With the exception of First Feis and Beginner 1, a dancer’s level is determined in each dance (Reel, Light Jig, Single Jig, Slip-Jig, Hornpipe, Treble Jig, and Traditional Set). Traditional Set Dances are limited to those dances determined by An Coimisiun Le Rince Gaelacha as traditional set dances.

2. Combining male and female dancers in any age category is left to the discretion of each region of the IDTANA. Competitions may be combined with the next higher age group if there are less than 5 competitors entered. Competitions can only be combined up (or down) one age group.
3. Boys and girls CANNOT be combined EXCEPT according to the following:
 - (a) All boys’ competitions below Preliminary Championships shall be initially entered in single year age groups;
 - (b) If there are less than 5 entries in any one age group, combination of the competitions shall be done according to the following rules, in order of preferential application:
 - (1) Into double age groups, all boy or all girl; and

- (2) If a double age group does not create 5 or more entries, the boys shall instead be combined into the corresponding single year girls' age group; and
- (3) Any competitions so combined shall be run as a single competition.

The Mid-America syllabus is to contain all grade categories. A Feis Committee may combine two or three consecutive age categories in the highest of the age categories within that grade when less than five (5) competitors are entered. (IDTAMA, 1/1/17)

4. Each region may determine the system for moving dancers from one grade to another, as they see appropriate for their region. The syllabus is to contain all grade categories. A Feis Committee may combine two consecutive age categories into the higher of the two categories within that grade when less than five (5) competitors are entered (see Rule 2, above). Competitors have the option to remain in the same category for the remainder of the Feis year. A dancer, at the discretion of the teacher, may move into the next Grade (not Open Championships) without satisfying the requirements. However, once a dancer competes in the higher level, they can never move back to a lower category, (except as outlined in Rule 1, above).
5. **Grade Levels**
Beginner 1 (Beginner) Grade: A beginner is a competitor who has not yet taken a full year of Irish Dance lessons, thereby giving beginners a full year with such status. A Beginner must move into the Beginner 2/Advanced Beginner category the next year.
Beginner 2 (Advanced Beginner) Grade: An advanced beginner who wins 1st, 2nd or 3rd place will advance to the Novice category in that particular dance. Competition dances are reel, light jig, slip jig, traditional treble jig and traditional hornpipe, as a minimum requirement.
Novice Grade: A novice who wins a 1st place will advance to the Open (Prizewinner) category in that particular dance.
Open Prizewinner Grade: A competitor who does not qualify as a beginner, advanced beginner or as a novice.
Adult Beginner: An adult beginner is a competitor who never took Irish dancing lessons as a juvenile and is over 18 years of age.
6. First Feis (if offered), Beginner 1, and Beginner 2 are required to dance at traditional speeds. Novice and Open/Prizewinner dancers may choose between traditional and Oireachtas speeds.
7. All regions in North America will follow this common set of speeds for all grade competitions at feiseanna in North America (IDTANA, 1/1/17).

	First Feis	Beginner	Adv Beginner	Novice	Prizewinner
Reel	122	122	122	113	113
Light Jig	115	115	115	115	115
Slip Jig	122	122	122	113	113
Single Jig	124	124	124	124	124
Treble Jig			92	73/92	73/92
Hornpipe			138	113/138	113/138

TRADITIONAL SET SPEEDS

St. Patrick's Day.....	94
Blackbird	144
Job of Journeywork	138
3 Sea Captains.....	96
Garden of Daisies.....	138
Jockey to the Fair	90
King of the Fairies.....	130

8. First Feis, Beginner 1 and Beginner 2 perform only basic steps to coincide with the Grade Exam Syllabus.(IDTAMA, 1/1/17)
9. Dancers competing in the First Feis category are limited to participating in the First Feis Category only. (IDTAMA, 1/1/17)

CHAMPIONSHIP LEVEL RULES

1. First place winners in the Open Championship category cannot return to a Preliminary or Open (Prizewinner) competition. Placing in a Regional or National Oireachtas does not change the status of a competitor. A dancer who moves into open championship must stay a minimum of 2 years. If after 2 years they have not placed they are allowed to return to preliminary. An open championship dancer who places is not allowed to return to preliminary until 2 years after their last placement. The regional syllabus where the Feis is being held may have different qualifications for entry.

2. Entrants in any Championship event may not enter in any other (Grade) events, but may enter in Figure Dances. Entrants in Championships should specify, on the entry form, their choice of soft shoe, hard shoe, and set dance. Entrants cannot change competition or category on the day of the competition.
 - (a) Dancers must qualify for open championship via the method now in place for preliminary championship, i.e. two 1st place wins.
 - (b) Dancers must compete in the preliminary championship competition in order to qualify for open championship
 - (c) The regional syllabus where the Feis is being held may have different qualifications for entry.

3. Preliminary Championships are open to those who, at any NAFC recognized Feis:
 - (a) A dancer who wins 1st place in each of the Open Prizewinner dances (reel, slip-jig, treble jig, and hornpipe) can move into Preliminary Championships with teacher's permission (IDTAMA).
 - (b) Have never won 1st, 2nd or 3rd in Open Championship. A dancer who wins two first place awards will move on to Open Championship at the next Feis they enter, or as soon as the second win is achieved, in any age category, in the following years. Only in the case of back-to-back feiseanna (successive days), in which case the first win in the first Feis will not change the dancer's status for the second Feis. A dancer is required to perform a light shoe dance (reel or slip jig for ladies and reel only for men), and a hard shoe dance. A Feis can opt to offer either a) a set dance or b) a jig/hornpipe.
 - (c) The regional syllabus where the Feis is being held may have different qualifications for entry.

4. A Mid-America region feis may choose to combine boys and girls in Open Championship competitions when there are less than 5 dancers registered in a particular age category. (IDTAMA, 1/1/17)

One of the following statements MUST be in the feis syllabus:

When there are less than five dancers registered in a particular Open Championship age category, the boys and girls will NOT be combined.

5. The boys' open championship age categories will match the girls' open championship age categories. (IDTAMA, 1/1/17)
6. Any competitor in Preliminary or Open Championship must have a minimum of 8 rotations or 10 minutes between their rounds. (IDTAMA, 1/1/17)

FIGURE/CEILI TEAM RULES

1. Teachers or team captains are responsible that their teams are complete and in position when the competition is announced.
 There are no restrictions on figure age groups. (Effective 12/2014)
 Figure age groups will be determined by the oldest dancer. (Effective 12/2014).
 8 hand teams are allowed to repeat dancers at all Mid-America feiseanna in accordance with the world and regional Oireachtas rules.
2. The length of 2 hand and 3 hand dances in competition are to be 48 bars of music plus an 8 bar introduction.

MID-AMERICA REGION COSTUME RULE

1. Make up is prohibited on a dancer in the first three grades (First Feis (if offered), Beginner 1 and Beginner 2 or their equivalent) up to and including the under 12 age group.
2. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed aids (proof of which may be required) will be exempt from this rule.
3. Competitors in girl's competitions at the First Feis (if offered), Beginner 1 and Beginner 2 Grade will wear only the competitor's dancing school costume or a skirt and blouse.
4. In order to compete in Mid-America feiseanna, dancers from the youngest age group up to and including Under 9 in all categories must follow our regional guidelines for U8 and U9 costume rules. This will go into effect January 2015. Effective January 2015, at all Mid-America region feiseanna, boys and girls competing in age groups up to and including Under 9 must follow the costume rule as stated:
 - Dresses may be one piece or two pieces.
 - No animal prints.
 - No low cut necklines.
 - No decorations including rhinestones or sequins of any kind.
 - No reflective fabric (this does not include satin).
 - No embellishments.
 - Base material and appliqué materials must be solid colors.
(No plaids, stripes, patterns, flowers or reflective materials, etc).
 - Any embroidery and appliqué used on the dress must be of a traditional nature.
 - Length must comply with An Coimisiun.
 - No jewelry.
 - Plain satin bows in the hair are allowed but bows may not be attached to the dress or used for a cape.

- Plain colored satins that do not include sequins, glitter, or crystals are permitted.
- Buckles are allowed on shoes that do not include rhinestones.
- All current school costumes are grandfathered into the rule regardless of threads or materials. All rhinestones would need to be removed. (Jan 2012)
- The costume rule applies to class costumes worn for solo competitions.
- All of the above applies to headpieces, socks and shoes.
- This rule applies for Boy and Girl Solo Championships and Traditional Set competitions at the Mid-America Oireachtas.
- The above Under 8 Rule was approved to include the Under 9 age group (Jan 2012).

The consequence for not following the Mid-America Region costume rule is as follows:

- The dancer will not be allowed to dance in a costume that is in violation of the rule but will be permitted to dance wearing an alternative costume that adheres to the rule.

RULES SPECIFIC TO THE INDIANAPOLIS FEIS

37. Tir na nÓg: This is an exhibition for children 2 through 5 years old who have never taken Irish dance lessons. One reel step will be danced. There is no entry fee and registration will be at the stage immediately prior to the exhibition.
38. Additions, changes or new entries after May 27th are subject to late fees as described above.
39. No coolers allowed in the Indiana Convention Center.
40. Grade level traditional sets will be danced 3 at a time for all ages.
41. Preliminary Championship and Open Championship will dance 3 at a time for all ages up to and including U14.

Fees for the 2017 Indianapolis Feis

Solo Dancing.....	\$9.00 per dance entered
Preliminary.....	\$40.00 per competition entered
Championship.....	\$45.00 per competition entered
Figures.....	\$9.00 per dancer entered
Tir na nÓg.....	No charge - Exhibition
Music.....	\$6.00 per competition
Arts & Crafts.....	\$6.00 per item entered
Soda Bread.....	\$6.00 per item entered
Family Maximum.....	\$130.00 (does NOT include figure dances)
Feis Admission	\$20 Event Fee/Family
Feisworx.....	\$3.50 per family
results.....	Included
Late Registration	After May 27th, \$20 late registration

**No refunds will be given.
No additions or changes after June 3rd.**

Hotels near the feis venue are listed at www.indyirishdancers.com/indy-feis

First Feis Grade

The First Feis level has been established for dancers who are competing in their very first Feis. Once a dancer competes in the First Feis category, the dancer must move into Beginner 1 or Beginner 2.

Girls	Reel	Light Jig	Slip Jig	Boys	Reel	Light Jig
U5	105RL	105LJ	105SJ	U5	155RL	155LJ
U6	106RL	106LJ	106SJ	U6	156RL	156LJ
U7	107RL	107LJ	107SJ	U7	157RL	157LJ
U8	108RL	108LJ	108SJ	U8	158RL	158LJ
U9	109RL	109LJ	109SJ	U9	159RL	159LJ
U10	110RL	110LJ	110SJ	U10	160RL	160LJ
U11	111RL	111LJ	111SJ	U11	161RL	161LJ
11/O	112RL	112LJ	112SJ	11/O	162RL	162LJ

Beginner 1 Grade

A dancer who has been dancing for less than one year. A Beginner 1 must move to Beginner 2 no later than January 1st of the dancer's second year of instruction, or may move to Beginner 2 earlier with teacher's permission and provided that the Feis has not closed to changes. Note: a Beginner 1 dancer who starts in September, may continue as a Beginner 1 until December of the following year (16 months) before moving into Beginner 2.

All hard shoe dances at traditional speeds.

Girls	Reel	Light Jig	Slip Jig	Boys	Reel	Light Jig
U5	205RL	205LJ	205SJ	U5	255RL	255LJ
U6	206RL	206LJ	206SJ	U6	256RL	256LJ
U7	207RL	207LJ	207SJ	U7	257RL	257LJ
U8	208RL	208LJ	208SJ	U8	258RL	258LJ
U9	209RL	209LJ	209SJ	U9	259RL	259LJ
U10	210RL	210LJ	210SJ	U10	260RL	260LJ
U11	211RL	211LJ	211SJ	U11	261RL	261LJ
U12	212RL	212LJ	212SJ	U12	262RL	262LJ
12/O	213RL	213LJ	213SJ	12/O	263RL	263LJ

Beginner 2 Grade

A dancer who has been dancing for more than one year and who has not won a 1st, 2nd, or 3rd, in Beginner 2. A dancer who has won a 1st, 2nd, 3rd in a Beginner 2 dance must move into Novice in that dance no later than January 1st of the next calendar year or with teacher's permission as soon as the next Feis (if said Feis has not closed to changes.)

All hard shoe dances will be at traditional speeds.

Girls	Reel	Light Jig	Slip Jig	Treble Jig	Hornpipe	St. Pat Set	Boys	Reel	Light Jig	Treble	Hornpipe	St. Pat Set
U6	306RL	306LJ	306SJ	306TJ	306HP	306PD	U6	356RL	356LJ	356TJ	356HP	356PD
U7	307RL	307LJ	307SJ	307TJ	307HP	307PD	U7	357RL	357LJ	357TJ	357HP	357PD
U8	308RL	308LJ	308SJ	308TJ	308HP	308PD	U8	358RL	358LJ	358TJ	358HP	358PD
U9	309RL	309LJ	309SJ	309TJ	309HP	309PD	U9	359RL	359LJ	359TJ	359HP	359PD
U10	310RL	310LJ	310SJ	310TJ	310HP	310PD	U10	360RL	360LJ	360TJ	360HP	360PD
U11	311RL	311LJ	311SJ	311TJ	311HP	311PD	U11	361RL	361LJ	361TJ	361HP	361PD
U12	312RL	312LJ	312SJ	312TJ	312HP	312PD	U12	362RL	362LJ	362TJ	362HP	362PD
U13	313RL	313LJ	313SJ	313TJ	313HP	313PD	U13	363RL	363LJ	363TJ	363HP	363PD
13/O	314RL	314LJ	314SJ	314TJ	314HP	314PD	13/O	364RL	364LJ	364TJ	364HP	364PD

Novice Grade

A dancer moves into Novice as a result of placing 1st, 2nd, or 3rd in that dance as indicated above in Beginner 2. A dancer who wins a 1st in Novice must move into Prizewinner in that dance no later than January 1st of the next calendar year or with teacher's permission as soon as the next Feis (if said Feis has not closed to changes).

All hard shoe dances can be done at either traditional speed or slow speed.

Girls	Reel	Light Jig	Slip Jig	Treble	Hornpipe	Trad. Set	Boys	Reel	Light Jig	Slip Jig	Treble	Hornpipe	Trad. Set
U7	407RL	407LJ	407SJ	407TJ	407HP	407TS	U7	457RL	457LJ		457TJ	457HP	457TS
U8	408RL	408LJ	408SJ	408TJ	408HP	408TS	U8	458RL	458LJ		458TJ	458HP	458TS
U9	409RL	409LJ	409SJ	409TJ	409HP	409TS	U9	459RL	459LJ		459TJ	459HP	459TS
U10	410RL	410LJ	410SJ	410TJ	410HP	410TS	U10	460RL	460LJ		460TJ	460HP	460TS
U11	411RL	411LJ	411SJ	411TJ	411HP	411TS	U11	461RL	461LJ		461TJ	461HP	461TS
U12	412RL	412LJ	412SJ	412TJ	412HP	412TS	U12	462RL	462LJ		462TJ	462HP	462TS
U13	413RL	413LJ	413SJ	413TJ	413HP	413TS	U13	463RL	463LJ		463TJ	463HP	463TS
U14	414RL	414LJ	414SJ	414TJ	414HP	414TS	U14	464RL	464LJ		464TJ	464HP	464TS
U15	415RL	415LJ	415SJ	415TJ	415HP	415TS	U15	465RL	465LJ		465TJ	465HP	465TS
15/O	416RL	416LJ	416SJ	416TJ	416HP	416TS	15/O	466RL	466LJ		466TJ	466HP	466TS

Prizewinner Grade

A dancer moves into Prizewinner as a result of placing 1st place as indicated in Novice.

All hard shoe dances can be done at either traditional speed or slow speed.

Girls	Reel	Light	Slip	Treble	Hornpipe	Trad.	Boys	Reel	Light	Treble	Hornpipe	Trad.
	Jig	Jig	Jig			Set		Jig	Jig			Set
U7	507RL	507LJ	507SJ	507TJ	507HP	507TS	U7	557RL	557LJ	557TJ	557HP	557TS
U8	508RL	508LJ	508SJ	508TJ	508HP	508TS	U8	558RL	558LJ	558TJ	558HP	558TS
U9	509RL	509LJ	509SJ	509TJ	509HP	509TS	U9	559RL	559LJ	559TJ	559HP	559TS
U10	510RL	510LJ	510SJ	510TJ	510HP	510TS	U10	560RL	560LJ	560TJ	560HP	560TS
U11	511RL	511LJ	511SJ	511TJ	511HP	511TS	U11	561RL	561LJ	561TJ	561HP	561TS
U12	512RL	512LJ	512SJ	512TJ	512HP	512TS	U12	562RL	562LJ	562TJ	562HP	562TS
U13	513RL	513LJ	513SJ	513TJ	513HP	513TS	U13	563RL	563LJ	563TJ	563HP	563TS
U14	514RL	514LJ	514SJ	514TJ	514HP	514TS	U14	564RL	564LJ	564TJ	564HP	564TS
U15	515RL	515LJ	515SJ	515TJ	515HP	515TS	U15	565RL	565LJ	565TJ	565HP	565TS
15/O	516RL	516LJ	516SJ	516TJ	516HP	516TS	15/O	566RL	566LJ	566TJ	566HP	566TS

Preliminary Championships

A dancer who wins 1st place in each of the Prizewinner dances (reel, slip jig, treble jig, and hornpipe) can move into Preliminary Championships with teacher's permission. Boys and Girls will compete against each other, however if there are at least 5 boys entered, the boys will be moved into a separate competition. In cases where a Feis elects to split a competition due to a large entry, the split must be done by birth date age in the same manner as the North American Championships.

Dancers will perform 48 bars of the reel or 40 bars of the slip-jig **and** 40 bars of the hornpipe or 48 bars of the treble jig.

Preliminary Championship will be judged and scored by all 3 judges. In addition, awards will also be posted for each solo round (light and heavy round) based on the scores of one judge (different judges scores for light and heavy).

Under 9	609PC	Under 10	610PC
Under 11	611PC	Under 12	612PC
Under 13	613PC	Under 14	614PC
Under 15	615PC	Under 16	616PC
Under 17	617PC	17/Over	618PC

Open Championships

A dancer who wins two First Place awards in one calendar year will move on to Open Championship the following year, or as soon as the second win is achieved, in any age category, in the following years. Only in the case of back-to-back Feiseanna (successive days), in which case the first win in the first Feis will not change the dancer's status for the second Feis. Placing in a Regional or National Oireachtas does not change the status of a competitor.

Dancers will perform 48 bars of the reel or 40 bars of the slip-jig **and** 40 bars of the hornpipe or 48 bars of the treble jig, and a Set Dance. A Feis may elect to have a recall of 50% of the competitors for the set dance round if there are over 20 dancers in the competition.

Open Championship will be judged and scored by all 3 judges. In addition, awards will also be posted for each solo round (light, heavy, and set) based on the scores of one judge (different for each round).

May be combined with next higher age group.

<u>Girls/Ladies</u>		<u>Boys/Men</u>	
Under 10	710OC	Under 10	760OC
Under 12	712OC	Under 12	762OC
Under 14	714OC	Under 14	764OC
Under 16	716OC	Under 16	766OC
Under 18	718OC	Under 18	768OC
18/Over	719OC	18/Over	769OC

NOTE: A dancer who has not received a legitimate placing (sufficient competitors within the normal placing scale) along with a dancer who has not placed in Open Championships for two consecutive years, may return to their previous competition level. For example, an Open Championship dancer that does not place in two consecutive years may return to Preliminary Championships, the same as a Preliminary dancer who does not place can return to Prizewinner.

Adult

A dancer over the age of 18 who has not danced in the above described competitions for a period of five years. Dancers who are in the Adult categories cannot enter any competition other than Adult specified competitions. A dancer who wishes to return to any category other than Adult must remain out of Adult competitions until they retire from competitive dancing for five consecutive years.

	<u>Beginner 1 and 2</u>	<u>Novice</u>	<u>Prizewinner</u>
Reel	835RL	845RL	855RL
Light Jig	835LJ	845LJ	855LJ
Slip Jig	835SJ	845SJ	855SJ
Treble Jig	835TJ	845TJ	855TJ
Hornpipe	835HP	845HP	855HP
Traditional Set	835TS	845TS	855TS

Figure Dancing

Figure Dancing: Teachers or team captains are responsible that their teams are complete and in position when the competition is announced.

- There are no restrictions on figure age groups. (Effective December 2014)
- Figure age groups will be determined by the oldest dancer. (Effective December 2014).
- 8 hand teams are allowed to repeat dancers at all Mid-West feisanna in accordance with the world and regional Oireachtas rules
- Feiseanna are encouraged to add additional cultural, family, and dance competitions at their discretion, in addition to the one non-dancing competition required by the North American Feis Commission.

	<u>2 Hand Reel</u>	<u>3 Hand Reel</u>	<u>4 Hand Reel/Jig</u>
Under 7		931	941
Under 9		932	942
Under 11		933	943
Under 13		934	944
Under 15		935	945
15/Over	926	936	946

	<u>8 Hand Ceili Dance</u>
Under 9	981
Under 11	982
Under 13	983
Under 16	984
16/Over	985
Adult	986

	<u>Parent/Child</u>
Under 10	501FD
Under 14	502FD
Over 14	503FD

	<u>Treble Reel</u>
Novice/Prizewinner	Preliminary Open Championships
U12 – 512TR	U12 – 612TR U12 – 712TR
12/O – 513TR	12/O – 613TR 12/O – 713TR

Soda Bread – One entry per person
 Under 21 – B01 21/Over – B02

	<u>Tin Whistle</u>	<u>Fiddle</u>	<u>Flute</u>	<u>Vocal</u>	<u>Other</u>
12 & Under	M01	M04	M07	M10	M13
13-16	M02	M05	M08	M11	M14
17 & Over	M03	M06	M09	M12	M15

Music Rules

1. Instrumental competitions will consist of one traditional Irish Air and one Irish dance tune.
2. Vocal competition will consist of one traditional Irish song without accompaniment.
3. No sheet music is to be used.
4. Other category is for instruments such as harmonica, cello, dulcimer, viola, fife, pipes, etc. Instrument type must be stated on the entry form.

5. **Must be IRISH MUSIC ONLY**