

THE HARP IRISH DANCE COMPANY

Proudly Presents The 8th Annual



Host of the



Saturday, August 1, 2026

American Fork High School

510 Caveman Blvd, American Fork, UT 84003

Adjudicators

Judy DeNapoli, ADCRG Colorado
Lisa Power Steinmetz, ADCRG California
Tara Reid, ADCRG Nevada
Rori Ritchie, ADCRG California
Kelcey Steele, ADCRG New York
Sharon Whelan MacSweeney, ADCRG California

Musicians

Lindsay Davis, Utah
Rio Navarro, California

Open Platform Feis

**This Feis is open to dancers of qualified teachers
from other organizations outside of CLRG and Independent dancers**

Closing date for entries is July 17, 2026

Enter online at www.feisworx.com for all competitions except for music. Music entries must be electronically submitted [HERE using this form](#). All entries must be paid online.

COMPETITIONS

First Feis- Dancers eligible only if they have never competed in a feis previously.

First Feis	Reel	Light Jig	Slip Jig	Single Jig
U11	001	002	003	004
11 & O	011	012	013	014

Beginner 1

	Reel	Light Jig	Slip Jig	Single Jig	Treble Jig	Hornpipe	St. Patrick's Day
U7	101	102	103	104	105	106	107
U9	111	112	113	114	115	116	117
U11	121	122	123	124	125	126	127
11 & O	131	132	133	134	135	136	137

Beginner 2

	Reel	Light Jig	Slip Jig	Single Jig	Treble Jig	Hornpipe	St. Patrick's Day
U7	201	202	203	204	205	206	207
U9	211	212	213	214	215	216	217
U11	221	222	223	224	225	226	227
11 & O	231	232	233	234	235	236	237

Novice

	Reel	Light Jig	Slip Jig	Single Jig	Treble Jig	Hornpipe	Traditional Set
U9	301	302	303	304	305	306	307
U11	311	312	313	314	315	316	317
U13	321	322	323	324	325	326	327
U15	331	332	333	334	335	336	337
15 & O	341	342	343	344	345	346	347

Prizewinner

	Reel	Light Jig	Slip Jig	Single Jig	Treble Jig	Hornpipe	Traditional Set
U9	401	402	403	404	405	406	407
U11	411	412	413	414	415	416	417
U13	421	422	423	424	425	426	427
U15	431	432	433	434	435	436	437
15 & O	441	442	443	444	445	446	447

Adult

	Reel	Light Jig	Slip Jig	Single Jig	Treble Jig	Hornpipe	Traditional Set
Beginner I/II	601	602	603	604	605	606	607 (St. Patrick's Day)
Novice/ Prizewinner	611	612	613	614	615	616	617

Supplemental Grades Competitions- Blackout dress encouraged..

Novice

	Reel	Light Jig	Slip Jig	Single Jig	Treble Jig	Hornpipe	Traditional Set
U10	1301	1302	1303	1304	1305	1306	1307
U12	1311	1312	1313	1314	1315	1316	1317
U14	1321	1322	1323	1324	1325	1326	1327
U16	1331	1332	1333	1334	1335	1336	1337
16 &O	1341	1342	1343	1344	1345	1346	1347

Prizewinner

	Reel	Light Jig	Slip Jig	Single Jig	Treble Jig	Hornpipe	Traditional Set
U10	1401	1402	1403	1404	1405	1406	1407
U12	1411	1412	1413	1414	1415	1416	1417
U14	1421	1422	1423	1424	1425	1426	1427
U16	1431	1432	1433	1434	1435	1436	1437
16 &O	1441	1442	1443	1444	1445	1446	1447
Adult Nov/PZ	1611	1612	1613	1614	1615	1616	1617

CHAMPIONSHIPS

Preliminary Championship: Reel (48 Bars) or Slip Jig (40 Bars), and Treble Jig (48 Bars) or Hornpipe (40 Bars), and 1 Set Dance. The rounds will proceed in the following order:

Softshoe, Hardshoe, Set

Open Championship: Reel (48 Bars) or Slip Jig (40 Bars), and Treble Jig (48 Bars) or Hornpipe (40 Bars), and 1 Set Dance. The rounds will proceed in the following order:

Softshoe, Hardshoe, Set

	U 9	U 11	U 13	U 15	U17	U19	19&O
Preliminary Championship	701	702	703	704	705	706	707

*Open to a dancer who has not won a Preliminary Championship three times previously

	U 9	U 11	U 13	U 15	U17	U19	19 &O
Open Championship	711	712	713	714	715	716	717

Adult Championship	670	Advanced Adult Championship	671
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The top five placers in each championship are invited to perform in a "Parade of Sashes" following each championship awards ceremony. 16 bars softshoe Reel stepabout style.

Supplemental CHAMPIONSHIPS- Blackout dress encouraged.

Preliminary Championship: Reel (48 Bars) or Slip Jig (40 Bars), and Treble Jig (48 Bars) or Hornpipe (40 Bars)

Open Championship: Reel (48 Bars) or Slip Jig (40 Bars), and Treble Jig (48 Bars) or Hornpipe (40 Bars)

	U10	U 12	U 14	U 16	U 18	18 &O
Preliminary Championship	1700	1701	1702	1703	1704	1705

*Open to a dancer who has not won a Preliminary Championship three times previously

	U 12	U 14	U 16	U 18	18 &O
Open Championship	1711	1712	1713	1714	1715

Adult Championship	1670	Advanced Adult Championship	1671
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The top five placers in each championship are invited to perform in a "Parade of Sashes" following the championship awards ceremony. 16 bars softshoe reel stepabout style.

Figure Dancing

Beginner Figure	2 hand reel	3 hand reel	Adult Figure	2 Hand Reel	3 Hand Reel	4 Hand*	6 Hand*	8 Hand*
U8	801	802		640	641	642	643	644
U10	803	804						
U12	805	806						
12 &O	807	808						

Dancers in beginner figure must be entered in at least one solo dance in Beg. 1 or Beg. 2

Open Figure	2 hand reel	3 hand reel	4 hand*	6 hand*	8 hand*
U10	810	811	812	813	814
U12	815	816	817	818	819
U15	820	821	822	823	824
15&Over	825	826	827	828	829

*Dance must be a book dance

Crossroads Ceili Cup- Competition #930

This competition awards the honor of the Crossroads Ceili Perpetual Cup to the school with the best 6-hand* team entered. Team age makeup must follow Western Region Oireachtas Guidelines. The Ceili must be selected from Ar Rince Ceili. All ages.

Family Figure- Competition # 940

Dancers must include at least 1 adult and 1 child dancer. 48 bars. May only dance once in the Family Figure. Only one child must register.

Friendship Figure- Competition # 950

Dancers must include at least two dancers from different Irish dance schools. 48 bars. All ages. Dances may be excerpts from book ceili dances or original figure choreography.

Specials

Tir Na Nog- Competition #000

Under 5 Pre-Feis. No fee. Participation medals awarded. Register at side stage as announced at feis.

Beginner Single Jig Special #905

Open to dancers who have their Single Jig in First Feis, Beginner I and Beginner II- One step down the line.

Future Champion Special - Comp. #910

Is your dancer a rising star? A future champion? Open for Grade level dancers in novice and prizewinner getting ready for champ level! Must enter at least two Novice/Prizewinner level dances at the Feis to be eligible for competition. Full awards ceremony and special awards will be awarded. Must dance TWO ROUNDS: SOFTSHOE (Reel-48 bars OR Slip Jig-40 bars) AND HARDSHOE (Hornpipe -40 bars OR Treble Jig -48 bars)

Championship Traditional Set- Competition #920

Requirements- One traditional Set at traditional speed

Adult Championship Contemporary Set- Competition #925

Open to Adult and Advanced Adult Champions. Requirements- Contemporary set at chosen speed.

THE ORIGINAL Blind Man Treble Reel Special- One Treble Reel step down the line (16 Bars) Adjudicator will have their back turned and will adjudicate based on rhythm, timing and sounds only!

	Non- championship	Championship
U13	951	954
13 &O	952	955
Adult	953	956

Themed Special 2026- “Westward Bound” - Comp. # 960

Solo competitors- 16 bars of reel music

Group Entries- 32 bars of reel music

Celebrate Utah’s pioneer heritage and the adventurous spirit of the Crossroads of the West!

Costumes and props are highly encouraged. Pioneer, wagon train, frontier and western-themed costumes are welcome. Please feel free to be as creative as you'd like and have fun on the journey west! Open to all dancers.

Team Triple-Crown Championship - Competition #970

This is a Championship Format team event- groups of three dancers will each perform one of the championship Rounds-Reel (48 Bars) or Slip Jig (40 Bars), and Treble Jig (48 Bars) or Hornpipe (40 Bars), and 1 Contemporary Set Dance. Must be a combination of 3 dancers and can be from any level from any school.

Western US Region Senior Belt- Competition #975

Open to all Open champion dancers residing in the Western Region and a member of a CLRG Certified School. Adjudicated by a Panel of 5 judges. Dancers will perform: Reel (48 Bars) or Slip Jig (40 Bars), and Treble Jig (48 Bars) or Hornpipe (40 Bars), and 1 Set Dance.

Where there are 20 or more, there will be a recall for the set round. Less than 20, all dancers will dance their set. Awards given to 1/3 of the competitors up to a maximum of 5 places. The winner will receive \$500 from the Western US Regional Council (please see more info at the bottom of the Syllabus).

Art Competitions

All art must be turned in by Saturday at noon and will be judged during the lunch break.

Art Competition # 980

Theme: "Spirit of Adventure" . All mediums/ forms of art accepted (2D, 3D, photography etc).

Dress/Vest Design Competition # 981

Use either template in the syllabus to design an original Irish Dance costume. All mediums acceptable.

Music Competitions

To Register for Music, please fill out our [Music Competition Google Form](#)

Solo Singer #990

Sing a traditional Irish Song not to exceed 3 minutes. Open to all ages and vocalists.

Solo Musician #991

Perform one or more traditional Irish tunes not to exceed 3 minutes. Open to all ages and instruments.

Ensemble #992

Perform or Sing a traditional Irish Song not to exceed 3 minutes. Open to all ages and any combination of instruments/vocalists.

Entry Fees and Information

Soft Shoe Solos/Supplemental Comp	\$25.00	FAMILY/REGISTRATION FEE	\$30.00
Hard Shoe Solos/Supplemental Comp	\$20.00	Feisworx Admin Fee	\$5.25/dancer
All Figure Dancing (per competitor)	\$15.00	Late Entries (after 7/17/2026)	\$25.00
Championships: 3 Round	\$60.00	Day of Feis Entry Fee	\$50.00
Supp. Championships 2 Round	\$45.00	Day of Feis Changes	\$15.00
WUSR Senior Belt Competition	\$75.00		
Specials	\$10.00 Each		
Triple Crown Special	\$10 per dancer	FAMILY MAXIMUM FEE: \$150.00	
Art and Music* Specials	\$10.00 Each	(Does not include WUSR Belt,	
Future Champions Special	\$45.00	Specials, Late, Service and Change	
Tir Na Nog	\$No Fee	fees)	

Please note there will be no refunds under any circumstances

**All music competition registration will NOT be through feisworx. See Link at top of Syllabus.*

Please Direct questions to our Feis committee @ CrossroadsFeis@gmail.com



Sponsorship Opportunities

The Crossroads Feis is built on the spirit of community that has long been at the heart of Irish dance. Just as dancers once gathered at the crossroads to share music, friendship, and tradition, Utah became known as the Crossroads of the West when the nation's first transcontinental railroad was completed with the driving of the Golden Spike.

We invite schools, families, businesses, and friends of Irish dance to help continue that tradition by supporting the Crossroads Feis.

Stage Sponsorship

A Stage Sponsorship is fulfilled by our Local Schools providing a team of volunteers to help manage one of our competition stages for part or all of each day (approximately 2–8 hours per day).

The Crossroads Feis Committee will provide training and guidance in advance to ensure volunteers feel confident and prepared.

Stage Sponsor Benefits

- * Recognition on the Crossroads Feis Instagram page
- * Opportunity to display your school's banner at your sponsored stage
- * Valuable experience for parents and volunteers in learning how a feis operates
- * The opportunity to support the broader Irish dance community

Monetary Sponsorship Opportunities

Rail Tie Sponsor – \$50

Help lay the foundation for a successful event.

Benefits:

- * Recognition on the Crossroads Feis Instagram page

Central Pacific Sponsor – \$200

Sponsor a competition and help connect dancers from across the region.

Benefits:

- * All Union Pacific Sponsor benefits
- * Recognition as the sponsor of a designated competition
- * Sponsor name announced during awards for the sponsored competition

Union Pacific Sponsor – \$100

Supporting the journey to the Crossroads.

Benefits:

- * All Rail Tie Sponsor benefits
- * Recognition on sponsor signage at the event

Golden Spike Sponsor – \$300

Celebrating the moment where paths meet and communities come together.

Benefits:

- * All Union Pacific Sponsor benefits
- * Recognition during Championship awards presentations
- * Prominent placement on sponsor signage

In-Kind Sponsorships

The Crossroads Feis also welcomes donations of goods or services, including awards, printing, volunteer hospitality, equipment, photography services, and other resources that help support the event. In-kind sponsors will receive recognition commensurate with the value of their contribution. For sponsorship inquiries, please contact the Crossroads Feis Committee.

Dancing Competition Rules

General Rules

1. The Crossroads Feis is registered with and will follow the rules of An Coimisiún Le Rincí Gaelacha (CLRG), the Irish Dance Teachers' Association of North America (IDTANA), and the Western U.S. Regional Council (WUSR).
2. A competitor's age is determined as of January 1 of the current calendar year.
3. The Feis Committee reserves the right to combine, split, move, cancel, or reschedule competitions as necessary. Competitions with fewer than five competitors may be combined. Competitions with sixteen or more competitors may be split by age, provided there are at least five dancers in each age group.
4. Competitors must be present at their stage and prepared to dance at least fifteen (15) minutes prior to the scheduled start of their event.
5. Competitors must follow the directions of adjudicators, stage managers, tabulation personnel, and Feis officials at all times.
6. Adjudicators' decisions are final.
7. Adjudicators may not be approached by dancers, parents, spectators, or teachers regarding competition results while the Feis is in progress.
8. Dancers who compete in an event for which they are not properly entered and paid will not be eligible for placement or awards.
9. All dancers, teachers, parents, guardians, and spectators are expected to conduct themselves in a respectful and sportsmanlike manner and comply with the CLRG Code of Conduct.
10. Any form of bullying, harassment, intimidation, discrimination, disruptive behavior, or unsportsmanlike conduct may result in disciplinary action, including disqualification from competition or removal from the venue.
11. When awards are announced, competitors must be in costume, including dance shoes, to receive their awards. Championship and Special Competition awards will be presented in person. Grade competition results will be posted and available on FeisWorx, and awards may be collected from the designated awards area. Awards will not be mailed.
12. Championship competitions will be awarded based on the combined scores of the full adjudicator panel. Individual championship rounds will be awarded using scores from one randomly selected adjudicator, consistent with solo competition procedures.
13. The use of mobile phones, electronic devices, or any unauthorized communication devices by competitors while on stage or actively competing is prohibited.
14. Photography and video recording are permitted only in accordance with current CLRG regulations and venue policies.
15. The Harp Irish Dance Company, the Feis Committee, American Fork High School, and all individuals associated with the operation of the Feis shall not be held responsible for personal injury, property loss, or damage incurred before, during, or after the Feis by participants or spectators. By entering the Feis, competitors and/or their parent or legal guardian agree to indemnify and hold harmless the above-mentioned parties from any liability arising from participation in the event.
16. Competitors from non-CLRG organizations are responsible for ensuring they are eligible to compete under the rules of their own organization.

Level Advancement and Competition Definitions

First Feis

1. First Feis competitions are open only to dancers who have never previously competed at any feis.
2. First Feis is a dancer-level designation, not a dance-level designation. A dancer may enter First Feis competitions only once, regardless of the number of dances entered.
3. Dancers may only compete in First Feis at a single feis, including in cases of back-to-back feiseanna.

Beginner, Advanced Beginner, and Novice Advancement

Advancement in Beginner, Advanced Beginner, and Novice competitions shall be as follows:

- * 5–9 competitors: 1st place advances to the next grade.
- * 10 or more competitors: 1st and 2nd places advance to the next grade.

Dancers may not remain in a level at teacher discretion, except in the case of back-to-back feiseanna.

Prizewinner Advancement

Advancement from Prizewinner to Preliminary Championship is at the teacher's discretion.

Preliminary Championship Advancement

1. Advancement from Preliminary Championship to Open Championship requires three (3) overall wins in Preliminary Championship competitions with five (5) or more competitors.
2. Advancement is not at teacher discretion.
3. Upon earning a third qualifying Preliminary Championship win, a dancer must immediately advance to Open Championship, including in cases of back-to-back feiseanna.
4. This requirement applies to both two-round and three-round Preliminary Championship competitions.

Adult Competitions

Adult competitors are dancers who:

- * Began Irish dancing after the age of 18; or
- * Have not competed for five (5) or more years.

Advanced Adult Competitions

1. An Advanced Adult competitor is a dancer age 18 or older who has:

- * Previously placed in the top three of a Preliminary Championship; or
- * Competed in Open Championship levels in Youth and Over age categories, regardless of when the competitor was active.

2. Once a dancer elects to compete as an Advanced Adult and leaves Youth and Over categories, the dancer may not return to Youth and Over competitions.

3. Advanced Adult competitions will be conducted in accordance with current CLRG, IDTANA, and WUSR rules and regulations.

Figure Competitions

1. Beginner Figure competitions are open only to dancers who are registered in Beginner level for at least one solo dance.

2. Open Figure competitions are open to dancers of all grade levels.

Music Competitions

Permitted selections include:

- * Single Jig
- * Double Jig
- * Slip Jig
- * Reel
- * Hornpipe
- * Polka
- * March
- * Air

Amplified instruments are not permitted. Recorded accompaniment not permitted.

Awards and Perpetual Trophy

Crossroads Ceili Cup

1. A teacher or designated adult must sign for the Crossroads Ceili Cup perpetual trophy.

2. Trophy recipients are responsible for arranging its return prior to the following year's Crossroads Feis.

3. All terms of the signed trophy agreement must be fulfilled before the trophy is returned.

Dressing Room and Venue Policy

1. Changing costumes, dressing, or undressing in hallways or other public areas is strictly prohibited.

2. For reasons of modesty and safety, dancers may not walk throughout the venue while inadequately dressed (ie only in clothing worn under the solo costume).

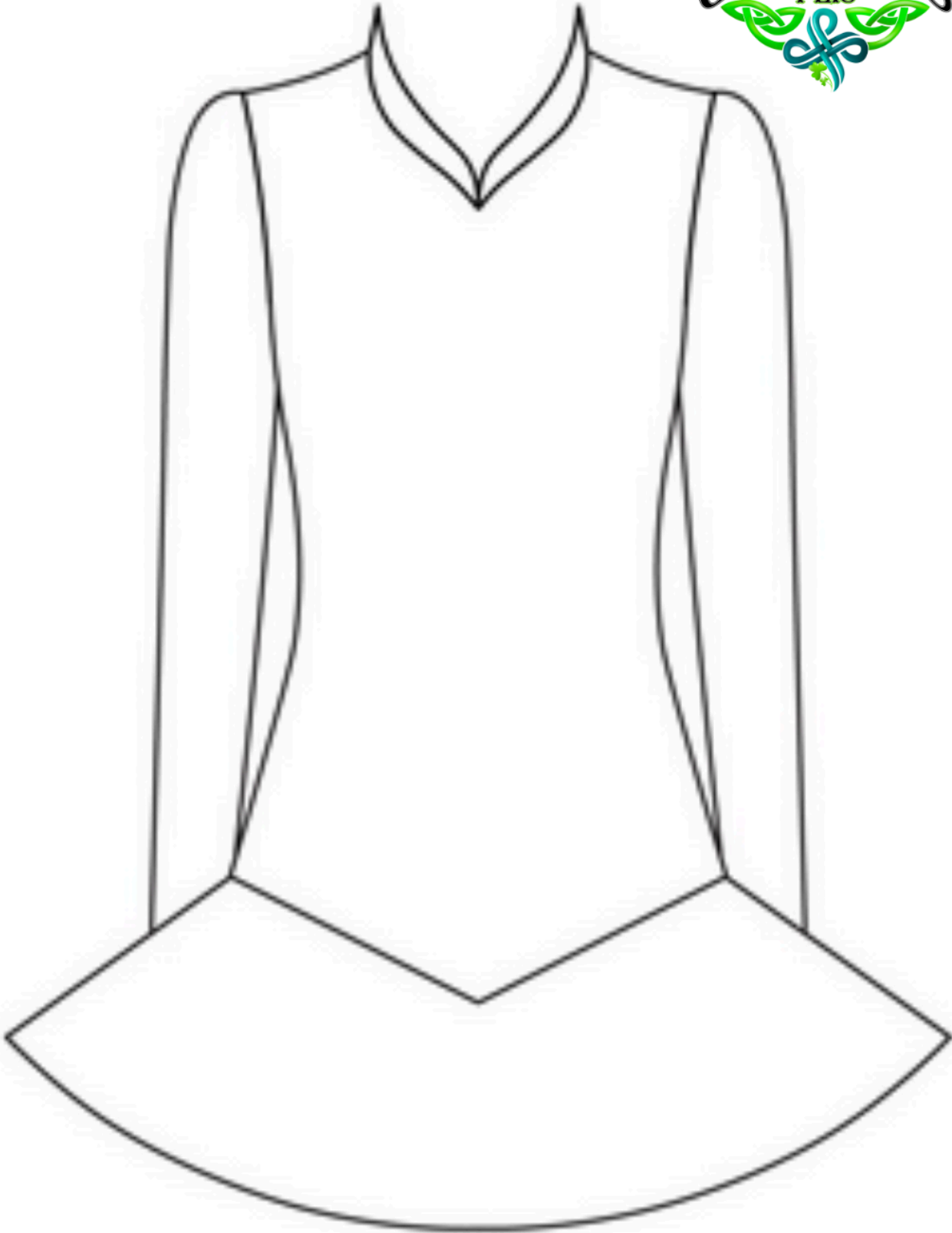
3. Designated changing areas should be used whenever possible.

4. Competitors and spectators are expected to help maintain a safe, clean, and respectful environment throughout the Venue.

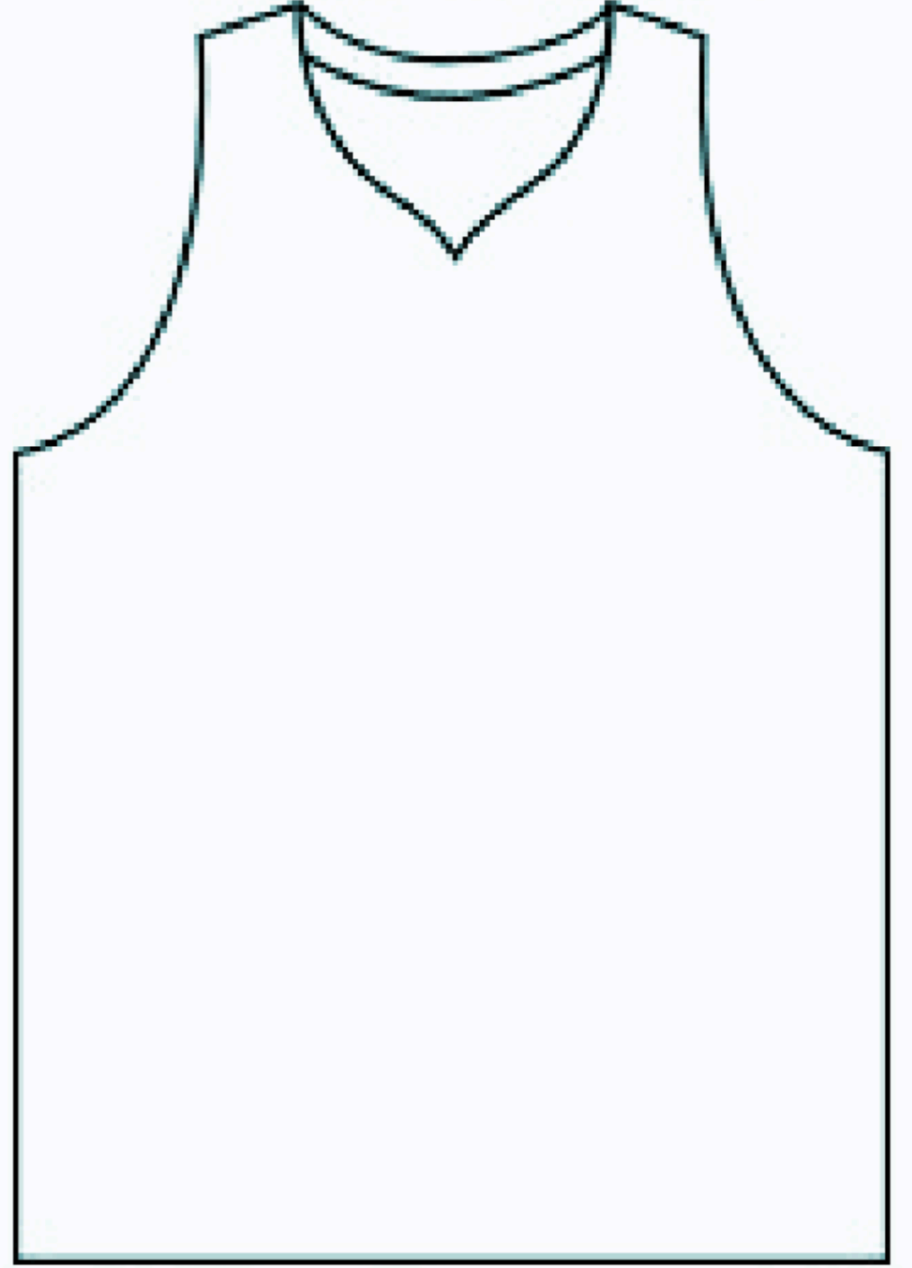
Member of the Western United States Regional Council
Member of An Coimisiún le Rincí Gaelacha, Dublin, Ireland



Competitor #



Competitor #





SYLLABUS APPROVAL

CROSSROADS FEIS 2026

IS REGISTERED WITH THE
WESTERN U.S. REGIONAL COUNCIL

SYLLABUS APPROVED BY:

Annie Darlington

ADCRG - SERGEANT AT ARMS

JUNE 9, 2026

DATE



LEVEL DEFINITIONS AND ADVANCEMENT RULES

First Feis is not per dance. It is the first Feis ever for the dancer. Dancers may only enter First Feis once, regardless of how many dances they are competing, even in the case of back-to-back Feiseanna.

In **Beginner 1, Beginner 2 and Novice** the following advancement rules will apply:

- Competitions with 5 - 9 dancers: 1st place will advance to the next grade.
- Competitions with 10 or more dancers: 1st and 2nd places will advance to the next grade.
- Dancers may not stay in level at teacher discretion, with the exception of back-to-back feiseanna.

Prizewinner: Advancement from Prizewinner to Preliminary Championship is at teacher discretion.

Preliminary to Open Championship:

- Dancer must have 3 overall wins in competitions with 5 or more dancers. Advancement to Open is not at teacher discretion.
- Upon winning 3rd overall win in Preliminary Championships, a dancer must move immediately to Open, even in the case of back-to-back Feiseanna. This includes 2-round and 3-round Preliminary Championships.

Adults: Dancers who started after the age of 18, or who have been out of Youth/&over competition for 5 years.

Advanced Adults: Dancers age 18 or older who previously placed in the top 3 of a Preliminary Championship or competed at the Open Championship level in the youth/&over levels, regardless of when the competitor was last active.

- Advanced Adults do not need to be out of competition for 5 years before moving from the youth/&over categories to Advanced Adults.
- Dancers who have already been competing in the regular Adult categories do not need to move to Advanced Adults, regardless of their level or placements achieved when competing in youth/&over.
- An Advanced Adult dancer has opted to leave Youth/&over categories, and once the dancer begins competing in Advanced Adult, the dancer may not return to Youth/&over categories.

Beginner Figures: Open only to dancers in beginner for at least one solo dance.

Open Figures: Open to all grade levels.



WESTERN REGION BELT

COMPETITION

The Western US Region (WUSR) Belt competitions are open to all registered CLRG Open Championship dancers residing in the Western Region.

AGE GROUPS

- Minor Belt:** U13 - Dancers turning 13 or younger in the calendar year
Junior Belt: U14-U16 - Dancers turning 14, 15, or 16 in the calendar year
Senior Belt: 16&0 - Dancers turning 17 or older in the calendar year

ENTRY FEE

\$75 / dancer

RULES

Competitions will be judged by a panel of 5 adjudicators.

The competition will consist of 3 rounds:

- Jig (48 bars) or Hornpipe (40 bars)
- Reel (48 bars) or Slip Jig (40 bars)
- Choice of Set
 - In competitions with 20 or more dancers, there will be a 50% recall for the set round.
 - In competitions with 19 or fewer dancers, all competitors will dance their set.

Awards will be presented to $\frac{1}{3}$ of the competitors, up to a maximum of 5 places.

The first place winner will receive \$500 and a sash provided by the Western US Region.