
CARROLL-HENDERSON SCHOOL OF IRISH DANCING
PRESENTS



FÉILE BOLGER

Syllabus

Sunday, October 11, 2026

Everett, WA | Registration at [Feisworx.com](https://www.feisworx.com)

INDEX

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REGISTER ONLINE

Registration Opens: *August 10, 2026*

Registration Closes: *September 23, 2026*

Registration is online at feisworx.com

KEEP IN TOUCH

www.chirishdance.com/sots-fb-about

Email: info@chirishdance.com

Instagram: [stepsonthesound.feilebolger](https://www.instagram.com/stepsonthesound.feilebolger)

WELCOME

FÉILE BOLGER

Honoring the Cultural Legacy of the Bolger Family | Co. Kilkenny

Welcome to Féile Bolger! Taking place in Everett, WA, this competition honors the Bolger family from Kilkenny, Ireland. Head of the Carroll-Henderson School is married into this family and is pleased to highlight their music and hurling legacy. We look forward to welcoming families to this traditional feis, celebrating the rich cultural legacy of Irish dance and its continued evolution.

FROM KILKENNY TO EVERETT

A full competition featuring:

- Raised stages including a full theatre for optimal viewing for all
- Feis App & BEAT musicians
- Renowned adjudicators
- Creative specials providing dancers opportunities for artistic self-expression

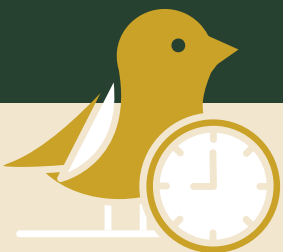
For Schools:

- Room rentals for schools to have dedicated practice spaces
- Reserved teachers seating

For Adults

- Full competitions in quiet spaces

YES!
THERE'S A
RAISED STAGE!



And...complete your registration by August 25, 2026 to enter our EARLY BIRD DRAW to win FREE registration.. Three winners will be drawn: a grades dancer, a championship dancer, and an adult dancer. *Excludes specials.*

ABOUT FÉILE BOLGER

Adjudicators

We are pleased and honored to welcome the following esteemed adjudicators:

Michael Patrick Gallagher
Judy McCafferty
PJ McCafferty
Jacqueline McKay
Nicole McKeever
Tara Reid

Musicians

We are pleased and honored to welcome the following esteemed musicians:

Marty Garfield
Rio Navarro
Niall O'Leary

VENUE: VILLAGE THEATRE

1710 Wetmore Ave, Everett

Conveniently located in downtown Everett, the Village Theatre features:

- A full theatre
- Separate grades room with a raised staged for dancers
- Convenient concessions
- Many vendors for relaxation, massage, shoes, photographs and more!

HOTELS

INN AT PORT GARDNER

1700 W. Marine View Dr., Everett

Rate: \$245/night

Book Online:

- [Link to Book](#),
- use Group #PI14N8

Book By Phone:

- Call 425-252-6779
- Reference "Irish Dance Competition"

Book by Sept. 9, 2026

MARRIOTT DELTA HOTEL EVERETT

3105 Pine St., Everett

Rate: \$219/night

Online:

- [Link to Book](#),

Book by Sept. 12, 2026

VENDORS

Enjoy a variety of vendors while at Steps on the Sound to fulfill all your dancing needs!



BROGA BOLGER

A local Seattle Irish dance shop featuring Irish dance shoes and other Irish dance basics.



ROISIN RINCE

From San Francisco Roisin Rince is a , custom shop for accessories and items to celebrate the Irish dancer. They strive to provide everyone with a personal experience and allow creative input on designs.

MORE TO COME

Stay tuned and check our website at www.chirishdance.com/sponsorships-vendors for updates about all the diverse vendors we will have available.



SPONSORS

*Thank you to our generous sponsors
for supporting Steps on the Sound
Championships.*

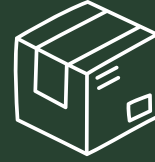


WORDEN THANE P.C.



FEIS MERCHANDISE

Three Ways to Order



Pre-Order Online | Items at the Feis | Order from Feis

Ordering Details

Pre-Order Online

- www.chirishdance.com/store
- Browse our entire selection of items! Purchase before the feis and items will ship to your door--ready to wear for a full feis weekend!
- Order by **September 23, 2026** to have items in time for the competition.

At the Feis

- Limited quantities of basic items will be available to purchase at the feis. We suggest arriving early!

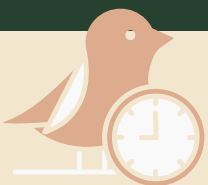
Order from the Feis

- View samples and a full catalog at the feis.
- Order from us for shipping to your door – *great for travelers who have a full suitcase!*



Pre-order by September 23 to have your item in time for the competition!

www.chirishdance.com/store



BASIC SCHEDULE

A full schedule will be made available at least 1 week prior to competitions. However, we recognize families appreciate travel planning in advance and would like to plan departures and flights.

GRADES

AGE	U8	U10	U12	12&O	U14	U16	16&O
Beginner, Adv. Beg.	10:45	10:15	1:30	10:00	N/A	N/A	N/A
Novice - Prizewinner	N/A	11:15	2:00	N/A	10:15	10:15	10:45
Beg Teams	1:00	1:00	1:00	1:00	N/A	N/A	N/A

CHAMPIONSHIPS

AGE	U10	U12	U14	U16	U18	18&O	Adult
Prelims/ Adult	8:30	8:30	9:00	8:30	9:15	3:15	1:30
Opens/ Adv. Adult	9:00	1:45	9:15	1:45	3:15	3:15	1:30
Open Teams	1:00	1:00	1:00	1:00	1:00	1:00	N/A

ALL times noted are not finalized until the final schedule is announced. These are draft times, and may shift slightly. Steps on the Sound is not responsible for any inconveniences caused by a scheduling change.

FEES & REGISTRATION

See below for a pricing breakdown for competitions and instructions on how to register for Féile Bolger. Entry fees are NON-REFUNDABLE.

Category	Cost
Grades Soft Shoe (includes all soft shoe dances)	\$25
Grades Hard Shoe (includes all hard shoe dances)	\$20
Open, Adult, & Adv. Adult Championships (3 Rounds)	\$60
Preliminary Championships (3 Rounds)	\$60
Primary Specials	\$10
Novelty Specials	\$15 - 20
Teams (2-Hands, 3-Hands, 4-Hands, 6-Hands, 8-Hands)	\$10 per person
Family Registration Fee	\$30
Late Fee	\$30
Day of Registration Changes	\$10
Day of Registration Fee	\$50
Family Maximum (does not include specials)	\$150

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GRADES

BEGINNER

Age	Reel	Light Jig	Slip Jig	Single Jig	Treble Jig	Hornpipe	St. Patrick's Day
U8	100R	101L	102S	103J	104T	105H	106P
U10	110R	111L	112S	113J	114T	115H	116P
U12	120R	121L	122S	123J	124T	125H	126P
12&O	130R	131L	132S	133J	134T	135H	136P

ADVANCED BEGINNER

Age	Reel	Light Jig	Slip Jig	Single Jig	Treble Jig	Hornpipe	St. Patrick's Day
U8	200R	201L	202S	203J	204T	205H	206P
U10	210R	211L	212S	213J	214T	215H	216P
U12	220R	221L	222S	223J	224T	225H	226P
12&O	230R	231L	232S	233J	234T	235H	236P



GRADES

NOVICE

Age	Reel	Light Jig	Slip Jig	Single Jig	Treble Jig	Hornpipe	Trad. Set
U8	300R	301L	302S	303J	304T	305H	306TS
U10	310R	311L	312S	313J	314T	315H	316TS
U12	320R	321L	322S	323J	324T	325H	326TS
12&O	330R	331L	332S	333J	334T	335H	336TS

PRIZEWINNER

Age	Reel	Light Jig	Slip Jig	Single Jig	Treble Jig	Hornpipe	Trad. Set
U10	400R	401L	402S	403J	404T	405H	406TS
U12	410R	411L	412S	413J	414T	415H	416TS
U14	420R	421L	422S	423J	424T	425H	426TS
U16	430R	431L	432S	433J	434T	435H	436TS
16&O	440R	441L	442S	443J	444T	445H	445TS

ADULT

Age	Reel	Light Jig	Slip Jig	Single Jig	Treble Jig	Hornpipe	Trad. Set
Beg/Adv Beg	600R	601L	602S	603J	604T	605H	606P
Nov/ Prizewinner	610R	611L	612S	613J	614T	615H	616TS

Beginner & Adv. Beginner Adults must dance traditional speed for the treble jig and hornpipe. St. Patrick's Day will be danced for their traditional set.

Nov/Prizewinner Adults may choose traditional or slow speed for the treble jig and hornpipe and any trad. set dance. Adults may enter either solo competitions or championships.

CHAMPIONSHIPS

CHAMPIONSHIPS

Joint Feis Special (see below)

Level	U10	U12	U14	U16	U18	18&O	U40	40&O
Prelims	700	701	702	703	704	705	N/A	N/A
Open Championships	710	711	712	713	714	715	N/A	N/A
Adult	-	-	-	-	-	-	720	721
Adv. Adult	-	-	-	-	-	-	730	731

IMPORTANT DETAILS:

Preliminary*, Open Championships and Advanced Adults will dance three (3) rounds: one (1) hard shoe – either Treble Jig (48 bars) or Hornpipe (40 bars); one (1) soft shoe – either Slip Jig (40 bars) or Reel (48 bars); and one (1) set dance.

Adult Championships and U9 Preliminary and Open Championships will dance three (3) rounds: the same two (2) rounds as Preliminary Championships and one (1) traditional set dance.

Awards & More: Each round will be awarded separately. The combined scores of the rounds will determine overall placement. Ages may be combined. Adults should register based on their feis age (i.e. January 1, 2026).

****JOINT FEIS SPECIAL**** The top 50% of Preliminary Championships will be eligible to dance a set dance at Féile Samhain the following weekend in Portland, OR.

PRIMARY SPECIALS

Primary specials will cost \$10 per participant. Dancers will dance one-at-time down the line. Dancers will perform a sixteen bars (16) of the specified dance – a right foot followed by left.

SINGLE JIG & TRAD. HORNPIPE

Dance	Beg/Adv. Beg U9	Beg/Adv. Beg U11	Beg/Adv. Beg 11&O	Beg. Adult
Single Jig	910-S	911-S	912-S	913-S
Traditional Hornpipe	915-TH	916-TH	917-TH	918-TH

PRIMARY SPECIALS



LIGHT JIGS & HORNPIPES

Dance	Novice/ PW U10	Novice/ PW U12	Novice/ PW U14	Novice/ PW 14&O	Novice/ PW Adult	Champ U11	Champ U15	Champ 15 & O
Light Jig	930-LJ	931-LJ	932-LJ	933-LJ	934-LJ	-	-	-
Traditional Hornpipe	-	-	-	-	935-H	950-H	951-H	952-HP

CHAMPIONSHIP LIGHT SHOE

Dance	Prelims U12	Prelims U16	Prelims 16&O	Opens U12	Opens U16	Opens 16&O	Champ All Ages
Ladies Light Shoe	960-L	961-L	962-L	963-L	964-L	965-L	-
Gents Slip Jig	-	-	-	-	-	-	967-G

Ladies Light shoe will dance sixteen (16) bars of either a reel or a slip jig.

Gents will dance sixteen (16) bars of a slip jig.



NOVELTY SPECIALS

Novelty specials will cost \$10-20 per participant and include the specials noted below. Please see the descriptions regarding each of these specials. A few of these specials were chosen by Carroll-Henderson School of Irish Dancing students and families!

FUTURE CHAMPIONS

Joint Feis Special (see below)

Dance	Description	Nov/PW U11	Nov/PW U13	Nov/PW 13&O
Future Champs Reel & Hornpipe (\$15)	<i>Dancers will perform 16 bars of a Reel and 16 bars of a Hornpipe one at a time step down the line. Placement will be determined by the combined scores from both rounds.</i>	970-F	971-F	972-F

JOINT Feis Special! *All dancers entered in the Future Champs special, will be eligible to compete in a set dance special at Féile Samhain in Portland, OR the following weekend. Dancers will receive an award at both.*

KILKENNY RACES RELAY

Dance	Description	Championships All Ages
Kilkenny Races Relay (\$10 per person)	<i>Dancers will form a relay team. One dancer will dance the right step, followed immediately by the left step by the next dancer, half of the set dance performed by another dancer, and the final portion performed by the last dancer. Four dancers compose a team.</i> <i>Kilkenny Races is in honor of Kilkenny, Ireland in which the Bolgers are from.</i>	973-K

NOVELTY SPECIALS

TRAD SET REMIX

Dance	Description	U14 Beg - PW	14&O Beg - PW	U16 Prelims & Opens	16&O Prelims & Opens
Trad Set Remix (\$15)	<i>Dancers will take the traditional movements in a St. Patrick's Day, Blackbird or Garden of the Daisies, and re-choreograph the movements in a new sequence highlighting the traditional music. Dancers will perform on stage in groups of 2.</i>	921-T	922-T	974-T	975-T

MODERN CHOREOGRAPHY

Dance	Description	U12 Beg. /Adv. Beginner	12&O Beg. /Adv Beginner	U12 Nov/PW	12&O Nov/PW
Modern Choreography (\$15)	<i>Dancers choice of a hard shoe reel or light shoe reel. Dancers will choreograph sixteen (16) bars of a modern Irish reel which may incorporate modern dance principles including level change, arm movements, moments of stillness and more.</i>	923-M	924-M	925-M	926-M

TEAM TRIATHALON

Dance	Description	All Ages
Team Triathlon (\$20 per person)	<i>Everything is better with a team! Dancers will form a team of 3 dancers. One dancer will perform 32 bars of a light shoe round. The second dancer will perform 32 bars of a hard shoe round, and the final dancer will perform a championship-level set dance. All levels of dancers can participate. First two rounds will be danced in groups of 2 - 3 dancers.</i>	980-T

CEILIS

BEGINNER

Each dancer on the team must be 2-Hand Reel entered in at least one beginner solo competition at the feis. Four and Six Hand dances must be from Ar Rinci Ceili.

Dance	U8	U10	U12	12&O
2-Hand Reel	800-2	810-2	820-2	830-2
3-Hand Reel	801-3	811-3	821-3	821-3
4-Hand Book	802-4	812-4	822-4	832-4
6-Hand Book	803-6	813-6	823-6	833-6
8-Hand Book	804-8	814-8	824-8	834-8

OPEN

Four and Six Hand dances must be from Ar Rinci Ceili.

Dance	U10	U12	U15	15&O
2-Hand Reel	840-2	850-2	860-2	870-2
3-Hand Reel	841-3	851-3	861-3	871-3
4-Hand Book	842-4	852-4	862-4	872-4
6-Hand Book	843-6	853-6	863-6	873-6
8-Hand Book	844-8	854-8	864-8	874-8

ADULT

Dance	Adult
2-Hand Reel	880-2
3-Hand Reel	881-3

COMPETITION RULES

Steps on the Sound follows IDTANA and the Western US Region rules.

1. Rules adopted by the Western US Region of IDTANA, member CLRG, are included by reference.
2. Rules and requirements for each competition as noted in the syllabus are included by reference.
3. Competitors must be in the hall prepared to dance one hour prior to the scheduled start of their event.
4. Competitions with fewer than five entrants may be combined or canceled by the Feis Committee; the Feis Committee may add or combine competitions at its discretion.
5. Competitors must be in costume, including soft shoes, to receive awards presented on stage.
6. All local health restrictions in place at the time of competition will be strictly adhered to.
7. In the event that the competition is canceled by the Committee due to local health restrictions, dancers will be refunded the value of their entry less a \$10 processing fee.
8. The Carroll-Henderson School of Irish Dancing, Féile Bolger and anyone associated in producing the feis, including feis volunteers, shall not be held responsible or liable for any personal injury, property loss, or damage.
9. Entry constitutes acceptance of the rules and restrictions outlined herein.



SYLLABUS APPROVAL

FÉILE BOLGER
2026

IS REGISTERED WITH THE
WESTERN U.S. REGIONAL COUNCIL

SYLLABUS APPROVED BY:

Annie Darlington

ADCRG - SERGEANT AT ARMS

JULY 14, 2026

DATE



LEVEL DEFINITIONS AND ADVANCEMENT RULES

First Feis is not per dance. It is the first Feis ever for the dancer. Dancers may only enter First Feis once, regardless of how many dances they are competing, even in the case of back-to-back Feiseanna.

In **Beginner 1, Beginner 2 and Novice** the following advancement rules will apply:

- Competitions with 5 - 9 dancers: 1st place will advance to the next grade.
- Competitions with 10 or more dancers: 1st and 2nd places will advance to the next grade.
- Dancers may not stay in level at teacher discretion, with the exception of back-to-back feiseanna.

Prizewinner: Advancement from Prizewinner to Preliminary Championship is at teacher discretion.

Preliminary to Open Championship:

- Dancer must have 3 overall wins in competitions with 5 or more dancers. Advancement to Open is not at teacher discretion.
- Upon winning 3rd overall win in Preliminary Championships, a dancer must move immediately to Open, even in the case of back-to-back Feiseanna. This includes 2-round and 3-round Preliminary Championships.

Adults: Dancers who started after the age of 18, or who have been out of Youth/&over competition for 5 years.

Advanced Adults: Dancers age 18 or older who previously placed in the top 3 of a Preliminary Championship or competed at the Open Championship level in the youth/&over levels, regardless of when the competitor was last active.

- Advanced Adults do not need to be out of competition for 5 years before moving from the youth/&over categories to Advanced Adults.
- Dancers who have already been competing in the regular Adult categories do not need to move to Advanced Adults, regardless of their level or placements achieved when competing in youth/&over.
- An Advanced Adult dancer has opted to leave Youth/&over categories, and once the dancer begins competing in Advanced Adult, the dancer may not return to Youth/&over categories.

Beginner Figures: Open only to dancers in beginner for at least one solo dance.

Open Figures: Open to all grade levels.