



Hosted by the Haran School of Irish Dance

Registered with An Coimisiún le Rincí Gaelacha

Saturday, September 14, 2024

Hosted back to back with the Deirdre Abeid Memorial Feis

Spokane Convention Center

334 W Spokane Falls Blvd, Spokane, WA 99201

ADJUDICATORS

Andy O'Reilly, ADCRG

Laura Masters-LeMesurier, ADCRG BG

Rebecca Bell, ADCRG

Sharon Whelan MacSweeney, ADCRG BG

Stephen Scariff, ADCRG

North Carolina, USA

California, USA

Alberta, Canada

California, USA

Florida, USA

MUSICIANS

Claire Shirey, TCRG

Jessica Bell, TCRG

Tennessee, USA

Alberta, Canada

Registration Closes August 23rd, 2024

Enter online at feisworx.com

Hotel & Visitor Information

For more visitor information and booking link for the hotel, please visit

<https://www.haranirishdance.com/feis-at-the-falls>



SYLLABUS APPROVAL

FEIS AT THE FALLS

IS REGISTERED WITH THE
WESTERN U.S. REGIONAL COUNCIL

SYLLABUS APPROVED BY:

Annie Darlington

ADCRG - SERGEANT AT ARMS

JUNE 11, 2024

DATE



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Competitions may be split or combined based upon paid entries

FIRST FEIS	U7	U9	U11	11&O	
Reel	001	005	009	013	
Light Jig	002	006	010	014	
Slip Jig	003	007	011	015	
Single Jig	004	008	012	016	

BEGINNER	U7	U9	U11	11&O	
Reel	100	107	114	121	
Light Jig	101	108	115	122	
Slip Jig	102	109	116	123	
Single Jig	103	110	117	124	
Treble Jig	104	111	118	125	
Hornpipe	105	112	119	126	
St. Patrick's Day	106	113	120	127	

ADV. BEGINNER	U7	U9	U11	U13	13&O
Reel	200	207	214	221	228
Light Jig	201	208	215	222	229
Slip Jig	202	209	216	223	230
Single Jig	203	210	217	224	231
Treble Jig	204	211	218	225	232
Hornpipe	205	212	219	226	233
St. Patrick's Day	206	213	220	227	234

NOVICE	U9	U11	U13	13&O	
Reel	300	307	314	321	
Light Jig	301	308	315	322	
Slip Jig	302	309	316	323	
Single Jig	303	310	317	324	
Treble Jig	304	311	318	325	
Hornpipe	305	312	319	326	
Traditional Set	306	313	320	327	

PRIZEWINNER	U9	U11	U13	U15	15&O
Reel	400	407	414	421	428
Light Jig	401	408	415	422	429
Slip Jig	402	409	416	423	430
Single Jig	403	410	417	424	431
Treble Jig	404	411	418	425	432
Hornpipe	405	412	419	426	433
Traditional Set	406	413	420	427	434



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ADULTS	Reel	Light Jig	Slip Jig	Single Jig	Treble Jig	Hornpipe	Trad Set
Beg. & Adv. Beg.	600	601	602	603	604	605	606
Novice & PW	610	611	612	613	614	615	616

- Beg. & Adv. Beg. (combined): Adults must dance traditional speed for the treble jig and hornpipe and the St. Patrick's Day set dance for the trad. set.
 - Nov. & PW (combined): Adults may choose traditional or slow speed for the treble jig and hornpipe and any trad. set dance.
 - Adults may enter either solo competitions or championships.

CHAMPIONS	U9	U11	U13	U15	15&O	U17	17&O	Adult
Preliminary Championship	700	701	702	703	704			
Open Championship	750	751	752	753		754	755	
Adult Championship								650
Adult Advanced Championship								651

- Prelim. & Open Championship will dance three rounds: hard shoe, soft shoe, & set. Each round will be awarded separately.
 - Prelim. & Open Championship entrants in the U9 Championships must dance a traditional set.
 - The combined scores for all three rounds will determine the overall placement trophy
 - Adult Championship set dance round is traditional set dance only.
 - Advanced Adult Championship set dance round is choice of set.

TROPHY SPECIALS	U11	U13	13&O	U15	15&O	Adult	
First Feis	900	901	902				
Beg. Reel	910	913	916				
Adv. Beg. Reel	911	914	917				
Beg. & Adv. Beg. Treble Jig	912	915	918				
Novice Reel	920	922	924				
Novice Treble Jig	921	923	925				
PW Reel	930	932	934				
PW Treble Jig	931	933	935				
Novice & PW Treble Reel	940	941	942				
Beg, Adv. Beg, Novice, & PW Reel Special						950	
Champ Treble Reel	960			962	964	966	
Champ Trad Set Special	961			963	965		

- First Feis: Each dancer performs the right and left foot of the reel step, down the line, one at a time
- Beg & Adv. Beg. Reel: Each dancer performs the right and left foot of the reel step, down the line, one at a time
- Beg & Adv. Beg. Treble Jig: Each dancer performs the right and left foot of the treble jig step, down the line, one at a time
- Novice & PW Reel: Each dancer performs the right and left foot of the reel step, down the line, one at a time
- Novice & PW Treble Jig: Each dancer performs the right and left foot of the treble jig step, down the line, one at a time
- Adult Reel Special: Each dancer performs the right and left foot of the reel step, down the line, one at a time
- Novice, PW, & Champ Treble Reels: Each dancer performs right and left foot of the treble reel, down the line, one at a time



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BEGINNER TEAMS	U8	U10	U12	12&O	Each dancer on the team must be entered in at least one beginner solo competition at the feis. Four and Six Hand dances must be from Ar Rinci Ceili
2-Hand Reel	800	804	808	812	
3-Hand Reel	801	805	809	813	
6-Hand Book	803	807	811	815	

OPEN TEAMS	U10	U12	U15	15&O	Four, Six and Eight Hand dances must be from Ar Rinci Ceili
2-Hand Reel	820	825	830	835	
3-Hand Reel	821	826	831	836	
4-Hand Book	822	827	832	837	
6-Hand Book	823	828	833	838	
8-Hand Book	824	829	834	839	

ADULT TEAMS	Adult			
2-Hand Reel	840			
3-Hand Reel	841			



BLACKOUT FEIS

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BLACKOUT FEIS

BEGINNER	U8	U10	U12	12&O	
Reel	100	107	114	121	
Light Jig	101	108	115	122	
Slip Jig	102	109	116	123	
Single Jig	103	110	117	124	
Treble Jig	104	111	118	125	
Hornpipe	105	112	119	126	
St. Patrick's Day	106	113	120	127	

ADV. BEGINNER	U8	U10	U12	12&O	
Reel	200	207	214	221	
Light Jig	201	208	215	222	
Slip Jig	202	209	216	223	
Single Jig	203	210	217	224	
Treble Jig	204	211	218	225	
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Reel	300	307	314	321	328
Light Jig	301	308	315	322	329
Slip Jig	302	309	316	323	330
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PRIZEWINNER	U10	U12	U14	U16	16&O
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Light Jig	401	408	415	422	429
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ADULT SOLOS	Reel	Light Jig	Slip Jig	Single Jig	Treble Jig	Hornpipe	Trad Set
Beg. & Adv. Beg.	600	601	602	603	604	605	606
Novice & PW	610	611	612	613	614	615	616

- Beg. & Adv. Beg. (combined): Adults must dance traditional speed for the treble jig and hornpipe and the St. Patrick's Day set dance for the trad. set.
- Nov. & PW (combined): Adults may choose traditional or slow speed for the treble jig and hornpipe and any trad. set dance.
- Adults may enter either solo competitions or championships.

CHAMPIONS	U10	U12	U14	U16	16&O	U18	18&O	Adult
Preliminary Championship	700	701	702	703	704			
Open Championship	750	751	752	753		754	755	
Adult Championship								650
Adult Advanced Championship								651

- Prelim. & Open Championship will dance three rounds: hard shoe, soft shoe, & set. Each round will be awarded separately.
- Prelim. & Open Championship entrants in the U9 Championships must dance a traditional set.
- The combined scores for all three rounds will determine the overall placement trophy.

TROPHY SPECIALS	U12	12&O			
Beg. Light Jig	910	913			
Adv. Beg. Light Jig	911	914			
Beg. & Adv. Beg. St. Patrick's Day	912	915			
Novice Reel	920	923			
Novice Hornpipe	921	924			
PW Reel	930	932			
PW Hornpipe	931	933			
Novice & PW Treble Reel Choreography Special	940	941			
Champ Treble Reel Choreography Special	950	951			

- Beg & Adv. Beg. Light Jig: Each dancer performs the right and left foot of the light jig step, down the line, one at a time
- Beg & Adv. Beg. St Patrick's Day: Each dancer performs the traditional St. Patrick's Day set dance, two at a time
- Novice & PW Reel: Each dancer performs the right and left foot of the reel step, down the line, one at a time
- Novice & PW Hornpipe: Each dancer performs the right and left foot of the hornpipe step, down the line, one at a time
- Novice, PW, & Champ Choreography Treble Reels: Each dancer will perform 16 bars of a treble reel. Matching right and left foot are NOT required. Arm choreography is encouraged!!



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TEAM TROPHY SPECIAL	Beg All Ages	Open All Ages	
4-Hand Reel Mix Up Special	960	961	
<ul style="list-style-type: none"> - Open to all levels, dancers register individually (do not need to sign up with a full team) - FIRST FIGURE WILL BE DANCED - Once at the feis, you will compete in the 4-hand reel with dancers from other schools. Teammates will be chosen at random, when lining up for this dance. - Deirdre Abeid was a huge advocate of camaraderie between dancers in different schools, and she also liked a good joke. She would have loved to watch this special unfold!! 			
FAMILY TROPHY SPECIAL	All Ages		
Family Reel Special	970		
<ul style="list-style-type: none"> - Teams to consist of two or more family members (non-competitive dancer family members encouraged) - Only one family member must register - Teams will perform 32 bars of a reel (softshoe or hard shoe). Matching right and left foot are NOT required. Arm choreography is encouraged!! 			
COSTUME TROPHY SPECIAL	Beg/Adv Beg All Ages	Nov/PW All Ages	Prelim/Open Champ All Ages
Water Theme Costume Slip Jig Special	980	981	982
<ul style="list-style-type: none"> - 16 bars slip jig, matching right and left foot are NOT required. The water theme costume should be any added accessory to the blackout attire (mask, cape, sash, over skirt, etc) and arm choreography that may help convey the water theme 			



Feis at the Falls

Deirdre Abeid Memorial Feis



Entry Fees Per Feis

Please note that entry fees are NON-REFUNDABLE.

Light Shoe Competitions	\$25.00	<i>flat fee for all light shoe</i>
Heavy Shoe Competitions	\$20.00	<i>flat fee for all heavy shoe</i>
Championships	\$60.00	<i>including solos</i>
Teams	\$10.00	<i>flat fee for all teams</i>
Trophy Competitions	\$10.00	<i>per competition</i>
Family Registration Fee	\$25.00	<i>per family includes online results</i>
Late Registration Fee	\$25.00	<i>after August 18th, 2023</i>
Same Day Registration Fee	\$50.00	<i>on space available basis</i>
Family Maximum	\$150.00	<i>excludes registration fees, late fees, trophies and specials</i>

Competition Rules

1. Rules adopted by the Western US Region of IDTANA, member CLRG, are included by reference.
2. Rules and requirements for each competition as noted in the syllabus are included by reference.
3. Competitors must be in the hall prepared to dance one hour prior to the scheduled start of their event.
4. Competitions with fewer than five entrants may be combined or canceled by the Feis Committee; the Feis Committee may add or combine competitions at its discretion.
5. Competitors must be in costume, including soft shoes, to receive awards presented from stage.
6. All local health restrictions in place at the time of competition will be strictly adhered to.
7. In the event that the competition is canceled by the Committee due to local health restrictions, dancers will be refunded the value of their entry less a \$10 processing fee.
8. Haran School of Irish Dance, Feis at the Falls LLC, and anyone associated in producing the feis, including feis volunteers, shall not be held responsible or liable for any personal injury, property loss, or damage.
9. Entry constitutes acceptance of the rules and restrictions outlined herein.



Feis at the Falls

Deirdre Abeid Memorial Feis



Blackout Costume Guidelines

1. We highly encourage all dancers to wear black out attire to honor our school founder Deirdre Abeid. She was a major advocate of all dancers being judged on their own merit. She loved the beauty of Irish dance without the distraction of accessories.
2. Suggested attire for girls/ladies is a skirt or skort; boys/gents may wear long pants. Black tights are encouraged for girls/ladies.
3. Either long or short-sleeve shirts; boys/gents encouraged to not wear ties, vests or jackets.
4. Girls/ladies hair should be pulled back neatly from the face; we encourage no wigs, crowns, tiaras or hairpieces. Light or no make-up is encouraged, with stud earrings only.
5. All costuming must conform to the costume requirements set forth by CLRG.
6. Branded attire (i.e. Nike, Adidas, etc.) should be small and discreet
7. No "bling" is encouraged on any part of the costume (i.e. skirts, pants, tops, buckles, etc.).

Western U.S. Region Level Definitions and Advancement

1. First Feis is not per dance, but the first feis ever for the dancer. Only one first feis regardless of how many dances they are doing. Dancers may only enter First Feis once, even in case of back-to-back feiseanna.
2. In Beginner, Advanced Beginner, and Novice the following will apply:
 - a. 5-9 dancers; 1st place will advance to the next grade.
 - b. 10 or more dancers: 1st and 2nd places will advance to the next grade.
 - c. Dancers may not stay in level at Teacher discretion, with the exception of back-to-back feiseanna.
3. Prizewinner: Advancement from Prizewinner to Preliminary Championship is at teacher discretion.
4. Preliminary to Open Championship: Must have 3 overall wins with 5 or more dancers, not at teacher discretion. Upon winning 3rd overall win in Preliminary Championships, a dancer must move immediately to Open, even in the case of back-to-back feiseanna. This includes 2 round and 3 round Preliminary Championships.
5. Adults: dancers who started after the age of 18, or who have been out of competitions for 5 years.
6. Advanced Adults:
 - a. An Advanced Adult dancer is defined as anyone age 18 or older who has previously placed in the top 3 of a Prelim Championship or competed in Open Champ levels in the youth/& over levels regardless of when the competitor was active.
 - b. An Advanced Adult dancer has opted to leave Youth/& over categories and once the dancer begins competing in Advanced Adult, the dancer may not return to Youth/& over categories.
 - c. Advanced Adult Championships at NAIDC 2024 and WUSR 2024 will dance Reel/hornpipe. In 2025, Advanced Adults shall follow the rotation of dances for the Senior Ladies/Men age groups. For the recall round, set of choice will be performed.
7. Beginner Figures: Open only to dancers in beginner for at least one solo dance.
8. Open Figures: Open to all grade levels.