

Rose Courtney Colorado Feis 2026



Saturday, September 12, 2026

Timberview Middle School, 8680 Scarborough Dr, Colorado Springs, CO 80920

Adjudicators:

Michael Smith, ADCRG, BG | Connecticut, USA

Tara Reid, ADCRG | Nevada, USA

Judy DeNapoli, ADCRG | Colorado, USA

Musician:

Roan Fraser | Colorado, USA

Register at www.feisworx.com

Entry deadline Friday, August 28, 2026

Late entries accepted through Monday, September 7th for a \$25 fee, and through Saturday, September 12th for a \$50 fee.

Please make any checks payable to "RCAID LLC"

Hosted by: Rose Courtney Academy of Irish Dance

Tentative Schedule

Please check Feisworx for the final schedule the week of the feis.

- **AM Start:** Championship competitions & Champ Treble Reels, oldest to youngest (Preliminary, Open, Adult, and Advanced Adult Championships).
- **PM Start:** Bill Bennett Memorial Special, Figures, Grade level competitions (First Feis, Beginner 1, Beginner 2, Novice, and Prizewinner), and Grade Treble Reels, all ages.

Entry fees:

This feis has a no refunds policy; we apologize for any inconvenience.

- Open Championships & Advanced Adult Championships \$55.00
- Preliminary Championships & Adult Championships \$45.00
- Solos, flat fee soft shoe \$25.00
- Solos, flat fee hard shoe \$20.00
- Specials \$10 each
- Figures, flat fee \$10
- Family fee \$25
- Feisworx fee per family \$7.50*
- Family Maximum (excludes fees and specials) \$150.00

**The Feisworx fee includes online personal results for all competitors.*

Moving Up Dances for Sunday

Note for dancers Competing at the Gold Rush Feis on Sunday, September 13: Any dancers who move up in level at the Rose Courtney Colorado Feis on Saturday can pay a \$15 fee to change competitions for Gold Rush Feis on Sunday.

Feisworx can make these changes **starting Sunday morning** (not on Saturday afternoon). Please plan on arriving a little early on Sunday to give yourself time to get your competition changed. Thanks!

Special Competitions

Art Special (Non-Dancing):

Share your creativity beyond dance! Competitors will submit artwork that demonstrates the spirit, movement, costumes, or history of Irish dancing while incorporating celtic artwork inspired by The Book of Kells or traditional Celtic knotwork.

- **Eligibility:** Anyone
- Physical artwork must be on a sheet of paper, board, or canvas no larger than 12 x 12 inches.
- Competitors are welcome to use a wide variety of physical artistic mediums, including painting, sketching, drawing, digital illustration, mixed materials, or calligraphy.
- **Artwork must be turned in before 12:30PM.**

Treble Reel Special:

Each dancer will dance 16 bars of the hard shoe reel down the line followed by 16 bars of the "finishing" step all together. Grades and Champions will have separate competitions. All ages welcome.

- **Eligibility:**
 - Grades Treble Reel is open to Beginner 1, Beginner 2, Novice, and Prizewinner dancers.
 - Championship Treble Reel is open to Preliminary Championship, Open Championship, Adult Championship, and Advanced Adult Championship dancers.

Bill Bennett Memorial Family Special:

In honor of the legacy of the Heritage Irish Stepdancers, who ran this feis for many years, and in loving memory of "Mr. Bill" Bennett, father of the school's owners.

These special competitions honor Mr. Bill, who famously learned how to dance at age 40 just so he could compete in the Parent-Child 2-Hand with his daughter, Alexa. To celebrate the Heritage Irish Stepdancers and carry on Mr. Bill's joyful spirit, we invite you to bring your own family to the stage!

Family Special Rules:

- **Eligibility:** Any combination of family members.
- **Dancing:** Any soft shoe group dance of any size (2-hand, 3-hand, 4-hand, figure, etc.).
- **Music:** Reels or Jigs.
- **Timing:** 56 total bars of music (**8-bar introduction + 3 full steps**).
- **Shoes & Costumes:** Dancers are not required to wear Irish dancing soft shoes. Groups are encouraged to be creative and have fun with their costumes.
- **Registration:** Only competitive dancers need to register for this special; the non-competitive family members can join the competition without registering.

Family Special Categories:

- **Competitive Dancers:** Group is made up of all competitive dancers.
- **Non-Competitive Dancers:** Group has one or more non-competitive dancers.
(*Note: Previous participation in family fun events does not count as competition experience.*)

This is a great opportunity for dancers to teach parents, siblings, spouses, etc. how to do Irish dancing. Let's have some fun!

Grade Level Solo Competitions

Dancers will perform 2 at a time for all solo competitions. Dancers must perform 32 bars of each dance, except for Traditional Sets where dancers will perform the entire dance. Every effort will be made to split or combine competitions where it will most benefit all dancers.

First Feis		
	U11	11&O
Reel	001	002
Light Jig	003	004

Beginner 1				
	U7	U9	U11	11&O
Reel	103	105	107	108
Light Jig	117	119	121	122
Slip Jig	131	133	135	136
Single Jig	146	148	150	151
Double Jig	161	163	165	166
Hornpipe	173	175	177	178
St. Patrick's Day	186	188	190	191

Beginner 2				
	U7	U9	U11	11&O
Reel	203	205	207	208
Light Jig	217	219	221	222
Slip Jig	231	233	235	236
Single Jig	246	248	250	251
Double Jig	261	263	265	266
Hornpipe	273	275	277	278
St. Patrick's Day	286	288	290	291

Novice				
	U9	U11	U13	13&O
Reel	305	307	309	310
Light Jig	319	321	323	324
Slip Jig	333	335	337	338
Single Jig	348	350	352	353
Double Jig	363	365	367	368
Hornpipe	375	377	379	380
Traditional Set	388	390	392	393

Prizewinner					
	U9	U11	U13	U15	15&O
Reel	405	407	409	411	412
Light Jig	419	421	423	425	426
Slip Jig	433	435	437	439	440
Single Jig	448	450	452	454	455
Double Jig	463	465	467	469	470
Hornpipe	475	477	479	481	482
Traditional Set	488	490	492	494	495

Championship Competitions

Every effort will be made to split or combine competitions where it will most benefit all dancers.

Preliminary Championships					
	U9	U11	U13	U15	15&O
Prelim Champs	702	704	706	708	709

Preliminary Championship Requirements:

- Dancers will compete 2 rounds: Reel (48 bars) or Slip Jig (40 bars) and Double Jig (48 bars) or Hornpipe (40 bars).
- Dancers will perform 2 at a time.
- Championship competitions will start with the Soft Shoe round.

Open Championships						
	U9	U11	U13	U15	U17	17&O
Open Champs	752	754	756	758	760	761

Open Championship Requirements:

- Dancers will compete 3 rounds: Reel (48 bars) or Slip Jig (40 bars), Double Jig (48 bars) or Hornpipe (40 bars), and Set Dance.
- Dancers will perform 2 at a time for the Soft Shoe and Hard Shoe rounds and 1 at a time for the Set Dance round.
- Championship competitions will start with the Soft Shoe round.
- For U9 Open Championship dancers, the Set Dance round is Traditional Set Dance only. If combined with U10 or older, U9 dancers may perform a Non-Traditional Set or Traditional Set Dance.

Figure Competitions:

Beginner Figures				
	U8	U10	U12	12&O
2-Hand Reel	801	803	805	806
2-Hand Jig	818	820	822	823
3-Hand Reel	811	813	815	816

Open Figures					
	U8	U10	U12	U15	15&O
2-Hand Reel	824	825	827	829	830
3-Hand Reel	834	836	838	840	841
4-Hand (Book)	843	845	847	849	850
6-Hand (Book)	854	856	858	860	861
8-Hand (Book)	863	865	867	869	870

Adult Competitions

Every effort will be made to combine competitions where it will most benefit all dancers.

Adult Grade Levels			
	Beginner	Novice	Prizewinner
Reel	602	603	604
Light Jig	606	607	608
Slip Jig	609	610	611
Single Jig	612	613	614
Double Jig	615	616	617
Hornpipe	618	619	620
St. Patrick's Day	621	-	-
Traditional Set	-	622	623

Adult Grade Level Competitions:

- Adults dancers will perform 2 at a time for all solo competitions. Dancers must perform 32 bars of each dance, except for Traditional Sets where dancers will perform the entire dance.

Adult Championship Levels		
	U40	40&O
Adult Champs	624	625
Advanced Adult Champs	626	627

Every effort will be made to combine competitions where it will most benefit all dancers.

Adult ages are based on their age as of January 1, 2026 (and not necessarily your age at the feis).

Adult Championship Requirements:

- Dancers will compete 2 rounds: Reel (48 bars) or Slip Jig (40 bars) and Double Jig (48 bars) or Hornpipe (40 bars).
- Dancers will perform 2 at a time.
- Championship competitions will start with the Soft Shoe round.

Advanced Adult Championship Requirements:

- Dancers will compete 3 rounds: Reel (48 bars) or Slip Jig (40 bars), Double Jig (48 bars) or Hornpipe (40 bars), and Set Dance.
- Dancers will perform 2 at a time for the Soft Shoe and Hard Shoe rounds and 1 at a time for the Set Dance round.
- Championship competitions will start with the Soft Shoe round.

Adult Figures	
	Adults
2-Hand Reel	875
3-Hand Reel	876
4-Hand (Book)	877
6-Hand (Book)	878
8-Hand (Book)	879

Specials

Treble Reel Special						
	U9	U11	U13	U15	15&O	Adult
Grades Treble Reel	903	905	907	909	910	914
Championship Treble Reel	923	925	927	929	930	934

Treble Reel Special Requirements:

- **Eligibility:**
 - Grades Treble Reel is open to Beginner 1, Beginner 2, Novice, and Prizewinner dancers.
 - Championship Treble Reel is open to Preliminary Championship, Open Championship, Adult Championship, and Advanced Adult Championship dancers.
- Each dancer will dance 16 bars of the hard shoe reel down the line followed by 16 bars of the “finishing” step all together.

Bill Bennett Memorial Family Special	
	All Ages
Competitive Dancers: Group is made up of <i>all competitive</i> dancers	970
Non-Competitive Dancers: Group has <i>one or more non-competitive</i> dancers	971

Family Special Requirements:

- **Eligibility:** Any combination of family members.
- **Dancing:** Any soft shoe group dance of any size (2-hand, 3-hand, 4-hand, figure, etc.).
- **Music:** Reels or Jigs.
- **Timing:** 56 total bars of music (**8-bar introduction + 3 full steps**).
- **Shoes & Costumes:** Dancers are not required to wear Irish dancing soft shoes. Groups are encouraged to be creative and have fun with their costumes.
- **Registration:** Only competitive dancers need to register for this special; the non-competitive family members can join the competition without registering.

Art Special (Non-Dancing)		
	U12	12&O
Art Special	990	992

Art Special Requirements:

- **Eligibility:** Anyone
- Competitors will submit artwork that demonstrates the spirit, movement, costumes, or history of Irish dancing while incorporating celtic artwork inspired by The Book of Kells or traditional Celtic knotwork.
- Physical artwork must be on a sheet of paper, board, or canvas no larger than 12 x 12 inches.
- Competitors are welcome to use a wide variety of physical artistic mediums, including painting, sketching, drawing, digital illustration, mixed materials, calligraphy, etc.
- **Artwork must be turned in before 12:30PM.**



SYLLABUS APPROVAL

ROSE COURTNEY COLORADO FEIS 2026

IS REGISTERED WITH THE
WESTERN U.S. REGIONAL COUNCIL

SYLLABUS APPROVED BY:

Annie Darlington

ADCRG - SERGEANT AT ARMS

JULY 14, 2026

DATE



LEVEL DEFINITIONS AND ADVANCEMENT RULES

First Feis is not per dance. It is the first Feis ever for the dancer. Dancers may only enter First Feis once, regardless of how many dances they are competing, even in the case of back-to-back Feiseanna.

In **Beginner 1, Beginner 2 and Novice** the following advancement rules will apply:

- Competitions with 5 - 9 dancers: 1st place will advance to the next grade.
- Competitions with 10 or more dancers: 1st and 2nd places will advance to the next grade.
- Dancers may not stay in level at teacher discretion, with the exception of back-to-back feiseanna.

Prizewinner: Advancement from Prizewinner to Preliminary Championship is at teacher discretion.

Preliminary to Open Championship:

- Dancer must have 3 overall wins in competitions with 5 or more dancers. Advancement to Open is not at teacher discretion.
- Upon winning 3rd overall win in Preliminary Championships, a dancer must move immediately to Open, even in the case of back-to-back Feiseanna. This includes 2-round and 3-round Preliminary Championships.

Adults: Dancers who started after the age of 18, or who have been out of Youth/&over competition for 5 years.

Advanced Adults: Dancers age 18 or older who previously placed in the top 3 of a Preliminary Championship or competed at the Open Championship level in the youth/&over levels, regardless of when the competitor was last active.

- Advanced Adults do not need to be out of competition for 5 years before moving from the youth/&over categories to Advanced Adults.
- Dancers who have already been competing in the regular Adult categories do not need to move to Advanced Adults, regardless of their level or placements achieved when competing in youth/&over.
- An Advanced Adult dancer has opted to leave Youth/&over categories, and once the dancer begins competing in Advanced Adult, the dancer may not return to Youth/&over categories.

Beginner Figures: Open only to dancers in beginner for at least one solo dance.

Open Figures: Open to all grade levels.