

The First Annual



**Presented by the Emerald Irish Dance and Cultural Society 501(c)(3)
And the Inishfree School of Irish Dance - Dallas
Saturday, October 22, 2022
Westlake, TX**

Schedule:

TBA

Figures at 8:00 am

We will start with youngest age groups.

Music and Singing Saturday night.

Adult Championships will include: Soft shoe, hard shoe, trad set

Second chance dances for grades – dance your grade level dances twice in one day for two chances to earn that needed first for the next feis.

**Dancers can move up a level for the Sundance Feis same day for a fee.
Dancers can move up a level for the Samhain Feis after 4:00 pm Saturday for a fee.**

Please note: A \$5 administrative fee will be retained in case the feis is cancelled due to Covid concerns.

Marriott Dallas/Ft Worth Westlake

1301 Solana Blvd Building 3, Westlake, TX 76262

Room Rate \$115

Room Block closes October 7, 2022

Hotel Room reservation link: [Book your group rate for Sundance and Samhain Feis](#)

For more information contact:

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website www.inishfreedallas.com

Facebook School Page: <https://www.facebook.com/emeraldschool/>

Facebook Feis Page: <https://www.facebook.com/Inishfree-Dallas-Feisanna-106311484844309>

Registered under the rules of An Coimisiun, and IDTANA Southern Region

Syllabus Approved by IDTANA Southern Region
Maureen Armstrong, ADCRG
Approval Date: 7/27/2022

Adjudicators and Musicians will be posted at www.feisworx.com and www.inishfreedallas.com.

Entry Fees:

Solos	\$12
Preliminary Championships	\$50
Open Championships	\$50
Adult Championships	\$50

The above items count toward the \$170 family max.

Does not include specials, supplemental, 2nd chance, figures, event fee, Feisworx service fee, or late fees.

Specials:

Supplemental Preliminary Championships	\$50
Second Chance Solos	\$12
Non-Champ Soft Shoe Reel Special	\$15
Champ Hard Shoe Special (TJ/HP)	\$15
Champ Treble Reel Special	\$15
Preliminary Champ Modern Set	\$20
Figures (Flat Fee)	\$15
Non-Dancing: Music, Vocal, Art, Baking	\$15
Feisworx Fee	\$11
Event Fee (Per Family)	\$25
Late Entry Fee (Oct 7)	\$25
Day of Feis Late Entry Fee	\$50
Move Up Fee	\$10

IDTANA Southern Region - Dancing Competition Rules

1. In the case of all solo and team competitions in all grades, the age of a competitor on 1st January of the year in which the competition is held will determine the right of entry. For the purposes of this Rule a competitor whose birthday occurs on 1st January shall be deemed to be under the age attained on that date.
2. Competitions are open to all but those holding a TMRP, TCRG, or ADCRG designation. All dancers must be pupils of a person currently registered with An Coimisiun as a Dancing Teacher of any category.
3. A competitor may be disqualified for any of the following reasons:
 - a) Conduct unbecoming a lady or gentleman.
 - b) Failure to report on time to compete. (Penalty: disqualification from said event)
 - c) Falsification of age or other important facts – i.e., teaching, award winning, competing under another competitor's name or number, etc.Penalty for a) or c): Competitor will be disqualified from the Feis at which the occurrence happened and from all NAFC – registered Feiseanna for a period of one year beginning at the date of the occurrence.
4. Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. This will not pertain to a situation where competitors are involved in stage conflicts; in that case, the competition(s) will remain open for a reasonable amount of time to allow the dancer(s) in question to arrive at the stage and compete.
5. Solo competitors in Beginner, Advanced Beginner, Novice or Open (Prizewinner) competitions:
 - a) Must compete in their own age group.
 - b) Must be prepared to perform two steps in each event.
 - c) Cannot change competition on the day of the Feis.
6. Steel taps or “bubble” heels on dancing shoes, display of awards, wearing of shorts or other unconventional dress is prohibited. Authentic Gaelic dress is desired. Dancers competing in First Feis (if offered), Beginner and Advanced Beginner, aka Beginner I and II, must wear a class costume, or a skirt and blouse. All other categories are excluded from this rule. Modest attire is encouraged when a competitor is not dancing.
7. Number must be worn and visible to adjudicators when performing in all competitions, except in Championships; use of clear reflective plastic number covers is discouraged.

8. Awards will be determined in proportion to the number of entries in each competition and to the degree of proficiency shown.
9. Competitor's Complaints must be in writing stating names and other factual information and signed by the complainant. A ten-dollar fee (cash) must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.
10. The Feis Committee and any organization affiliated with same, will not be held responsible for personal injury, property loss or damage. Destruction of Feis property or rental property will be punishable by law.
11. The Feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitor's performing time. The decision of the Feis Committee is final in all matters connected with the Feis.
12. Competitors must answer all questions as required by the Feis Entry committee, including teacher's name, and enclose the entry fee when mailing. Failure to do so will result in a rejected entry. Entries must be postmarked on or before the closing date or they will be subject to a late fee as determined by the Feis committee and published on the syllabus and/or entry form. There will be no refunds of entry fees for any reason.
13. **Open Championships:**
 - a) Entrants in any Open Championship event may not enter in any other regular grade solo events, but may enter in Figure Dances and/or special competitions for which they are eligible (e.g. traditional set, treble reel, non-traditional set dance).
 - b) Entrants in Open Championships should specify, on the entry form, their choice of set dance.
 - c) Open Championship competitions in the minimum required age groups must be offered separately in the syllabus, yet the feis committee may combine an age group with the next higher age group if there are fewer than 5 competitors entered in the lower age group. A feis committee is not permitted to combine dancers from one open championship age group with any age group which is more than one age group higher than the age group in which the dancers are entered.
 - d) A dancer is required to perform a light shoe dance (reel or slip jig for ladies and reel only for men) and a set dance. A Feis can also opt to require a third dance (choice of jig/hornpipe).
 - e) Dancers must qualify for Open Championship via the method now in place for Preliminary Championship, i.e. two 1st place wins.
 - f) Dancers must compete in the Preliminary Championship competition in order to qualify for Open Championship
14. Girls & Boys competitions in Open Championships may be combined in the syllabus. If three or more boys are entered in a specific age group in a combined Open Championship competition, the boys and girls must be split into separate competitions. If separate Boys & Girls competitions in Open Championships are offered in the syllabus, they may not be combined under any circumstances on the day of the feis.
15. **Preliminary Championships:**
 - (a) are open to those who, at any NAFC recognized Feis:
 1. Have placed 1st in both a Open (Prizewinner) light and heavy shoe competition, and
 2. Have never won 1st, 2nd or 3rd in Open Championship.
 - (b) A dancer who wins two First Place Preliminary Championship awards in one calendar year will move on to Open Championship the following year (as of Jan 1); if the second first-place win does not occur within the the same feis year as the first win, as soon as the second win is achieved, in any age category, the dancer must move up to Open Championship level immediately. Only in the case of back-to-back Feiseanna (successive days), the first win in the first Feis will not change the dancer's status for the second Feis.
 - (c) A dancer in preliminary championship is required to perform a light shoe dance (reel or slip jig for ladies and reel only for men) and a hard shoe dance. A Feis can opt to offer either (a) a set dance or (b) a jig/hornpipe or (c) both a set dance and jig/hornpipe.
 - (d) Boys and girls will be combined in preliminary championships.
 - (e) Preliminary Championship competitions must be offered separately in the syllabus for the minimum required age groups, yet the feis committee may combine an age group with the next higher age group if there are fewer than 5 competitors entered in the lower age group. A feis committee is not permitted to combine dancers from one preliminary championship age group with any age group which is more than one age group higher than the age group in which the dancers are entered.
16. Open Championships and Preliminary Championships require at least three adjudicators.
17. First place winners in the Open Championship category cannot return to a Preliminary or Open (Prizewinner) competition. Placing in a Regional or National Oireachtas does not change the status of a competitor. If, after competing for two full feis years at the Open Championship level, a dancer has not placed first, second or third, he/she may opt to return to Preliminary Championship status.
18. The status of the dancer does not change unless there are five or more dancers in a competition.
19. **Grade Category Definitions:**

Beginner Grade: A beginner is a competitor who has not taken a full year of Irish Dance lessons, thereby giving beginners a full year with such status. A Beginner must move into the Advanced Beginner category the next year.

Advanced Beginner Grade: An advanced beginner who wins 1st, 2nd or 3rd place will advance to the Novice category in that particular dance.

Novice Grade: A novice who wins a 1st place in a dance will advance to the Open (Prizewinner) category in that particular dance.

Open Grade (Prizewinner): A competitor who does not qualify as a Beginner, Advanced Beginner or Novice.

Adult Beginner: An adult beginner is a competitor who never took Irish dancing lessons as a juvenile and is over 18 years of age. Other Adult grades follow the descriptions provided above.

Other:

 - (a) Competitors have the option to remain in the same category for the remainder of the Feis year (until the following January 1).
 - (b) The syllabus must contain all Grade Categories.
 - (c) Boys and girls enter the appropriate age group in the appropriate grade for each dance; after entries have been closed, in any competition where five or more boys are entered, the feis committee will run a separate competition for these boys.
 - (d) A feis committee may only combine two consecutive calendar year age groups (within that grade only) when fewer than five (5) competitors are entered in either age group, with the exception of the oldest age group listed.
20. Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is performing.
21. Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.
22. Teachers or team captains are responsible that their teams are complete and in position when the competition is announced. Competitors may compete in their own age group or in the next higher age group; however, a competitor may compete in only one age group.
23. In matters pertaining to adjudication, the decision of the adjudicators is final.

24. Adjudicators are to monitor the quality of music at the stage(s) to which they are assigned.
25. First Feis (if offered), Beginner, Advanced Beginner and Adult dancers are required to dance at traditional speeds only. Novice and Open/Prizewinner dancers may choose between traditional and Oireachtas speeds.
26. Neither the EIDCS, the Feis committee nor the NAFC is responsible for any injury.
27. There will be no refunds on entry fees for any reason. No telephone entries or hand delivered entries will be accepted.
28. Any form of unauthorized photography which has the capability to capture a dancer's image while in motion, using electronic or manual means, i.e. mobile phone, standard camera, video camera, or commercial film, with or without enhancement is expressly forbidden in competition.
29. No block, en Pointe, toe walking movements, stationary or moving is allowed to be performed for all ages up to and including the under 12 age group. However, after September 1 of each year an exception is made for those dancers who are 11 dancing in the under 12 age group.
30. Make up is prohibited on a dancer in the first three grades (First Feis (if offered), Beginner and Advance Beginner or their equivalent) up to and including the under 12 age group.
31. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed aids (proof of which may be required) will be exempt from this rule.
32. No substance that can become airborne should be used on any dance floor in an attempt to improve traction.

The Sundance Feis, The Inishfree School of Irish Dance, The Marriott D/FW Westlake Hotel, the Feis Committee, and anyone associated with the committee in putting on the Feis, shall not be held responsible or liable for any personal injury, property loss, or damage incurred before, during, or after the Feis, by any participants, or by anyone attending the event. By entering the feis, the entrant and/or the entrant's legal guardian and guests agree to indemnify and hold harmless the feis, the feis committee, volunteers, vendors, and venue and its personnel for any liabilities or personal injury as a result of the entrant's participation in the feis.

Sundance Feis Syllabus

Saturday, October 22, 2022

Approved by the IDTANA Southern Region 7/27/22.

BEGINNER I

	Under 5	Under 7	Under 9	Under 11	Under 13	Under 15	15 & Over
Reel	1	5	9	13	17	21	25
Light Jig	2	6	10	14	18	22	26
Slip Jig	3	7	11	15	19	23	27
Single Jig	4	8	12	16	20	24	28
2nd Chance Reel	30	32	34	36	38	40	42
2nd Chance Slip Jig	31	33	35	37	39	41	43

* 32 Bars

ADVANCED BEGINNER

	Under 5	Under 7	Under 9	Under 11	Under 13	Under 15	15 & Over
Reel	100	107	114	121	128	135	142
Light Jig	101	108	115	122	129	136	143
Slip Jig	102	109	116	123	130	137	144
Single Jig	103	110	117	124	131	138	145
Treble Jig	104	111	118	125	132	139	146
Hornpipe	105	112	119	126	133	140	147
Traditional Set	106	113	120	127	134	141	148
2nd Chance Reel	150	155	160	165	170	175	180
2nd Chance Slip Jig	151	156	161	166	171	176	181
2nd Chance Treble Jig	152	157	162	167	172	177	182
2nd Chance Hornpipe	153	158	163	168	173	178	183

* 32 Bars

* Hornpipe, Treble Jig, and Traditional Set will be performed at traditional speed.

NOVICE

	Under 7	Under 9	Under 11	Under 13	Under 15	15 & Over
Reel	200	207	214	221	228	235
Light Jig	201	208	215	222	229	236
Slip Jig	202	209	216	223	230	237
Single Jig	203	210	217	224	231	238
Treble Jig	204	211	218	225	232	239
Hornpipe	205	212	219	226	233	240
Traditional Set	206	213	220	227	234	241
2nd Chance Reel	242	247	252	257	262	267
2nd Chance Slip Jig	243	248	253	258	263	268
2nd Chance Treble Jig	244	249	254	259	264	269
2nd Chance Hornpipe	245	250	255	260	265	270

* Trad Speed

* 32 Bars

PRIZEWINNER

	Under 7	Under 9	Under 11	Under 13	Under 15	15 & Over
Reel	300	307	314	321	328	335
Light Jig	301	308	315	322	329	336
Slip Jig	302	309	316	323	330	337
Single Jig	303	310	317	324	331	338
Treble Jig	304	311	318	325	332	339
Hornpipe	305	312	319	326	333	340
Traditional Set	306	313	320	327	334	341
2nd Chance Reel	342	347	352	357	368	373
2nd Chance Slip Jig	343	348	353	358	369	374

* Trad Speed

2nd Chance Treble Jig	344	349	354	359	370	375
2nd Chance Hornpipe	345	350	355	360	371	376

* 32 Bars

ADULTS

	Beg I/Beg II	Novice	Prizewinner
Reel	400	407	414
Light Jig	401	408	415
Slip Jig	402	409	416
Single Jig	403	410	417
Treble Jig	404	411	418
Hornpipe	405	412	419
Traditional Set	406	413	420

* Traditional Speed

* 32 Bars

FIGURE DANCES

BEGINNER FIGURE DANCE

	Under 9	Under 12	Under 15	15 & Over
2 Hand Reel or Jig	500	502	504	506
3 Hand Reel	501	503	505	507

Dancers must be entered and dance in at least 1 beginner dance in this feis.

OPEN FIGURE DANCE

	Under 9	Under 12	Under 15	15 & Over	Adult
2 Hand Reel or Jig	508	510	512	514	516
3 Hand Reel	509	511	513	515	517

	Under 9	Under 12	Under 15	15 & Over	Adult
4 Hand *	520	522	524	526	528
8 Hand *	521	523	525	527	529

* Must be Book Dance

ADULT CHAMPIONSHIPS

PRELIMINARY

Masters Preliminary	430
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Masters Preliminary dancer is defined as any dancer over the age of 25 who has previously placed in the top three of a youth Preliminary competition of five or more competitors.

Masters Open	440
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Masters Open dancer is defined as any dancer over the age of 25 who has ever competed in a youth Open Championship competition

Adult Championship	450
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An Adult Dancer beyond Beginner is defined as any dancer who started Irish dancing at the age of 18 or older, or any dancer 18 or older who has not competed in at least five years in a Youth competition AND has never placed in the top three in a youth Preliminary competition of more than five competitors.

** Adult Championship will dance soft shoe and hard shoe rounds and choice of Traditional Set (full dance).

*** Masters Preliminary and Open Championships may be combined if less than 5 entries.

CHAMPIONSHIPS

PRELIMINARY

	Under 9	Under 10	Under 12	Under 14	Under 16	16 & Over
Preliminary	701	702	703	704	705	706

Preliminary requirements: Reel (48 bars) or Slip Jig (40 bars girls only) and Treble Jig (48 bars) or Hornpipe (40 bars). Boys and girls combined. Boys and girls will be separated if there are 5 or more boys in a competition.

OPEN (3 Rounds)

	Under 9	Under 10	Under 12	Under 14	Under 16	Under 18	18 & Over
Open	721	722	723	724	725	726	727

Open requirements: Reel (48 bars) or Slip Jig (40 bars girls only), Treble Jig (48 bars) or Hornpipe (40 bars), and any non-traditional set dance. Boys and girls combined. Boys and girls will be separated if there are 5 or more boys in a competition.

SUPPLEMENTARY PRELIMINARY (2 Rounds)

	Under 9	Under 10	Under 12	Under 14	Under 16	16 & Over
Preliminary	731	732	733	734	735	736

Preliminary requirements: Reel (48 bars) or Slip Jig (40 bars girls only) and Treble Jig (48 bars) or Hornpipe (40 bars). Boys and girls combined. Boys and girls will be separated if there are 5 or more boys in a competition.

SPECIALS - NON-CHAMPIONSHIP

Open to non-Championship dancers.

	Under 9	Under 10	Under 12	12 & Over	
Reel Soft Shoe Special	600	601	602	603	Competitors dance 1 reel soft shoe (16 bars) down the line.
Treble Reel Special	604	605	606	607	Competitors dance 1 treble reel step (16 bars) down the line.

SPECIALS - CHAMPIONSHIP

	Under 12	Under 16	16 & Over	
Treble Jig or Hornpipe	612	613	614	Competitors dance 1 hornpipe or treble jig step (16 bars) down the line.
Treble Reel Special	615	616	617	Competitors dance 1 treble reel step (16 bars) down the line.

Open to dancers in Preliminary or Open Championship in this feis. Boys and girls combined.

Preliminary Championship	Under 12	Under 16	16 & Over	
Modern Set	621	622	623	Open to Preliminary Championship level dancers.

NON-DANCING COMPETITIONS

Music and Vocal competitions will be held on Saturday after dance competitions are finished. Competitions are open to participants of all ages. You do not have to be a member of a dance school to compete. The music, vocal, and art competitions will be divided by age based upon number of entries.

- 900 Music –** Requirement: play a tune on an instrument that has an Irish theme or is of Celtic origin. Performance is limited to 3 minutes and must be performed solo.
- 901 Vocal –** Requirement: sing a tune a cappella (without any accompaniment) that has an Irish theme or is of Celtic origin. Performance limited to 3 minutes and must be performed solo.
- 902 Irish Art –** Requirement: an original art work in any artistic medium depicting a Celtic theme. All entries must be presented at the check-in table by 10:00 AM on the day of the feis. NOTE: Remember to pick up your entries after the judging has occurred. The Feis Committee is not responsible for returning any artwork that is not picked up on the day of the Feis.
- 903 Irish Baking –** Requirement: bake an Irish soda bread or Irish cake. All entries should be wrapped in plastic or foil and presented at the check-in table by 10:00 AM on the day of the Feis. All entries become the property of the Feis.