

The Fourth Annual



**Presented by the Emerald Irish Dance and Cultural Society 501(c)(3)
And the Inishfree School of Irish Dance - Dallas
Saturday, October 25, 2025
Westlake, TX**

Schedule:

TBA

Figures at 8:00 am

We will start with youngest age groups.

Music and Singing Saturday night.

Adult Championships will include: Soft shoe, hard shoe, trad set

**Dancers can move up a level for the Sundance Feis same day for a fee.
Dancers can move up a level for the Samhain Feis after 4:00 pm Saturday for a fee.**

Please note: A \$5 administrative fee will be retained in case the feis is cancelled due to Covid concerns.

Marriott Dallas/Ft Worth Westlake

1301 Solana Blvd Building 3, Westlake, TX 76262

Room Rate \$147

Room Block closes October 10, 2025

Hotel Room reservation link: [Book your group rate for Inishfree Sundance and Samhain Feiseanna 2025](#)

For more information contact:

Chris Farrar (817) 706-0131

e-mail: inishfreedallas@verizon.net

website www.inishfreedallas.com

Facebook School Page: <https://www.facebook.com/emeraldschool/>

Facebook Feis Page: <https://www.facebook.com/Inishfree-Dallas-Feisanna-106311484844309>

Registered under the rules of An Coimisiun, and IDTANA Southern Region

Syllabus Approved Areleen Ni Bhaoill TCRG Southern Region Registrar
Approval Date: 8/15/2025

Adjudicators and Musicians will be posted at www.feisworx.com and www.inishfreedallas.com.

Entry Fees:

Solos	\$12
Preliminary Championships	\$50
Open Championships	\$50
Adult Championships	\$50

The above items count toward the \$170 family max.

Does not include specials, supplemental, 2nd chance, figures, event fee, Feisworx service fee, or late fees.

Specials:

Supplemental Preliminary Championships	\$50
Non-Champ Soft Shoe Reel Special	\$15
Non-Champ Hornpipe/TJ Special	\$15
Non-Champ Treble Reel Special	\$15
Champ Hard Shoe Special (TJ/HP)	\$15
Champ Soft Shoe Special	\$15
Champ Treble Reel Special	\$15
Champ Traditional Set Special	\$15
Preliminary Champ Modern Set	\$20
Figures (Flat Fee per competitor)	\$15
Non-Dancing: Music, Vocal, Art, Baking	\$15
Feisworx Fee	\$12.25
Event Fee (Per Family)	\$25
Late Entry Fee (Oct 10)	\$30
Day of Feis Late Entry Fee	\$50
Move Up Fee	\$10
No refunds will be issued	

SOUTHERN REGIONAL DANCING COMPETITION RULES

1. In the case of all solo and team competitions in all grades, the age of a competitor on 1st January of the year in which the competition is held will determine the right of entry. For the purposes of this Rule a competitor whose birthday occurs on 1st January shall be deemed to be under the age attained on that date.
2. Competitions are open to all but those holding a TMRF, TCRG, or ADCRG designation. A feis can only accept entries from pupils of teachers registered with An Coimisiun and registered with both the IDTANA and the North American region in which they reside.
3. A competitor may be disqualified for any of the following reasons:
 - a. Conduct unbecoming a lady or gentleman.
 - b. Failure to report on time to compete. (Penalty: disqualification from said event)
 - c. Falsification of age or other important facts – i.e., teaching, award winning, competing under another competitor's name or number, etc.Penalty for (a) or (c): Competitor will be disqualified from the Feis at which the occurrence happened and from all registered Feiseanna for a period of one year beginning at the date of the occurrence.
4. Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. This does not pertain to a situation where competitors are involved in stage conflicts, and such conflicts will be handled by the stage monitor.
5. Steel taps or "bubble" heels on dancing shoes and any display of awards is prohibited. Authentic Gaelic dress is desired.
6. First Feis (if offered), Beginner and Advanced Beginner, aka Beginner I and II, must wear a class costume, or a skirt/pants and top. All other categories are excluded from this rule. Modest attire is encouraged when a competitor is not dancing.

7. Competitor's number must be worn and visible to adjudicators when performing in all competitions. Use of reflective plastic number covers is discouraged.
8. The number of awards given is determined by the Feis Committee and is based on the scores and ranks given by the adjudicator(s).
9. Complaints must be in writing stating names and other factual information and signed by the complainant. A \$50.00 fee must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.
10. The Feis Committee and any organization affiliated with same, will not be held responsible for personal injury, property loss or damage. Destruction of Feis property and/or rental property will be punishable by law.
11. The Feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitor's performing time. The decision of the Feis Committee is final in all matters connected with the Feis.
12. All Feiseanna must have a process to allow parents to request that their child or children's name(s) not be listed on the posted competitor list prior to the day of the Feis.
13. Competitors must answer all questions as required by the Feis Entry committee, including teacher's name, and include the entry fee for entry to be accepted. Failure to do so will result in a rejected entry. Entries must be received on or before the closing date or they will be subject to a late fee of (Determined by the Feis).
14. With the exception of First Feis and Beginner 1 the status of the dancer does not change unless there are five or more dancers in the competition.
15. Photography
 - a. With the exception of First Feis, Beginner 1 and Beginner 2 (or their equivalent), photography of any kind which has the capability of capturing a dancer's image while in motion is strictly forbidden.
 - b. A Feis may elect to allow in motion photography for publicity purposes, but the pictures are considered the sole property of the Feis and solely for Feis use. These are not to be used for personal gain through commercial use or sale. Under no circumstances can they be published on any website or other areas, without the express written permission of the persons involved.
 - c. Additionally, a professional photographer may be formally contracted by a Feis to capture non-motion photographs, such as portrait photography, awards ceremonies, etc. and/or in motion photography provided it is taken at a vendor station or suitable location:
 - i. away from the dancing stages and,
 - ii. requested by a consenting parent, guardian, or dancer (over the age of 18).
16. No block, en Pointe, toe walking movements, stationary or moving is allowed to be performed for all ages up to and including the under 12 age group. However, after September 1 of each year an exception is made for those dancers who are 11 dancing in the under 12 age group.
17. No substance that can become airborne should be used on any dance floor in an attempt to improve traction.
18. Respect for fellow competitors on stage is a requirement at all times. Lack of respect or courtesy for fellow competitors by aggressive dancing on stage will be subject to penalty at the discretion of each individual adjudicator.

1. GRADE LEVEL RULES

GRADE LEVEL RULES

1. Solo competitors in First Feis (if offered), Beginner, Advanced Beginner, Novice or Open (Prizewinner), Adult and Master competitions:
 - a. Must compete in their own age group.
 - b. Must be prepared to perform two steps in each event.
2. With the exception of First Feis and Beginner 1, a dancer's level is determined in each dance (Reel, Light Jig, Single Jig, Slip-Jig, Hornpipe, Treble Jig, and Traditional Set). Traditional Set Dances are limited to those dances determined by An Coimisiun Le Rince Gaelacha as traditional set dances.
3. A Feis Committee may combine competitions if there are less than 5 competitors entered as follows:
 - a. Three consecutive age groups, if including the youngest or oldest multi-year age groups, or up to five consecutive single-age groups, combined into the highest age group, within that grade.

4. Each region may determine the system for moving dancers from one grade to another, as they see appropriate for their region.
5. The syllabus is to contain all grade categories.
6. Competitors have the option to remain in the same category for the remainder of the Feis year.
7. A dancer, at the discretion of the teacher, may move into the next Grade (not Open Championships) without satisfying the requirements. However, once a dancer competes in the higher level, they can never move back to a lower category, (except as outlined in Rule 1, above).
8. Grade Levels
 - a. **First Feis:** A dancer who has never competed in a Feis. A dancer can only be in this category for a single day and cannot compete at any other level in the Feis. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.
 - b. **Beginner 1 (Beginner) Grade:** A beginner is a competitor who has not yet taken a full year of Irish Dance lessons, thereby giving beginners a full year with such status. A Beginner must move into the Beginner 2/Advanced Beginner category the next year. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.
 - c. **Beginner 2 (Advanced Beginner) Grade:** An advanced beginner who wins 1st, 2nd or 3rd place will advance to the Novice category in that particular dance. Competition dances are reel, light jig, slip jig, traditional treble jig and traditional hornpipe, as a minimum requirement. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.
 - d. **Novice Grade:** A novice who wins a 1st place will advance to the Open (Prizewinner) category in that particular dance. In Novice competitions with 20 or more dancers, a dancer who wins 1st or 2nd place in a dance will advance to the Open/PW category in that particular dance (Dec 2012)
 - e. **Open Prizewinner Grade:** A competitor who does not qualify as a beginner, advanced beginner or as a novice.
 - f. **Adult:** An Adult dancer is defined as any dancer who started Irish dancing at the age of 18 or older OR any dancer 18 or older who has not competed in at least five years in a youth competition AND has never placed in the top three in a youth Preliminary championship competition of more than five competitors.
9. First Feis (if offered), Beginner 1, and Beginner 2 are required to dance at traditional speeds. Novice and Open/Prizewinner dancers may choose between traditional and Oireachtas speeds.
10. The following dance speeds must be adhered to:

	First Feis	Beg 1	Beg 2	Novice	Prizewinner
Reel	122	122	122	113	113
Light Jig	115	115	115	115	115
Slip Jig	122	122	122	113	113
Single Jig	124	124	124	124	124
Treble Jig			92	73/92	73/92
Hornpipe			138	113/138	113/138

Traditional Sets	Traditional Speed
St. Patrick's Day	94
Blackbird	144
Job of the Journeywork	138
Three Sea Captains	96
Garden of Daisies	138
Jockey to the Fair	90
King of the Fairies	130

11. First Feis, Beginner 1 and Beginner 2 perform only basic steps to coincide with the Grade Exam Syllabus.
12. Dancers competing in the First Feis category are limited to participating in the First Feis Category only.

2. CHAMPIONSHIP LEVEL RULES

CHAMPIONSHIP LEVEL RULES

1. First place winners in the Open Championship category cannot return to a Preliminary or Open (Prizewinner) competition. Placing in a Regional or National Oireachtas does not change the status of a competitor. A dancer who moves into Open Championship must stay a minimum of 2 years. If after 2 years they have not placed they are allowed to return to Preliminary. An Open Championship dancer who places is not allowed to return to Preliminary until 2 years after their last placement. The regional syllabus where the Feis is being held may have different qualifications for entry.
2. Entrants in any Championship event may not enter in any other (Grade) events, but may enter in Figure Dances and Specials, i.e. Treble Reel Competition, etc.
3. Dancers must qualify for Open Championship via the method now in place for Preliminary Championship, i.e. two 1st place wins.
4. Dancers must compete in the Preliminary Championship competition in order to qualify for Open Championship
5. Preliminary Championships
 - a. Are open to those who at any CLRG-registered Feis:
 - i. Have placed 1st in both an Open (Prizewinner) light and heavy shoe competitions and
 - ii. Have never won 1st, 2nd or 3rd in an Open Championship.
 - b. A dancer who lives in the Southern Region and who wins 1st place in a second Preliminary Championship Competition in any Region MAY move up to Open Championship Competitions immediately, at the discretion of their dancing teacher.
 - c. A dancer who lives in the Southern Region when they win 1st place in a second Preliminary Championship competition MUST move up to Open Championship Competitions no later than the one calendar year anniversary of the second Preliminary Championship win.
 - d. Preliminary Championship competitions with 26 or more competitors may be split in half according to age. * In Preliminary Championships-Separate boys into a separate competition if there are five (5) or more boys entered in a specific competition within a single age group.
6. If three (3) or more boys are entered in a specific age group in a combined Open Championship competition, the boys and girls MUST be split into separate competitions.
7. Every competitor in Preliminary or Open Championship must have a minimum of 8 rotations or 10 minutes between each of their rounds.
8. In the event the same organization is running 2 feis' in one weekend the following must occur:
 - a. In championship competitions, 2/3 of adjudicators must be different from the previous day.
NOTE: This rule has been rescinded for 2023, 2024 & 2025.
 - b. 2nd chance competitions may only be offered on one feis.

3. FIGURE / CEILI TEAM RULES

FIGURE / CEILI TEAM RULES

1. Teachers or team captains are responsible that their teams are complete and in position when the competition is announced.
2. There are no restrictions on figure age groups
3. Figure age groups will be determined by the oldest dancer.
4. 8 hand teams are allowed to repeat dancers at all Southern Region feiseanna in accordance with the World and Regional Oireachtas rules.
5. The length of 2 hand and 3 hand dances in competition are to be 48 bars of music plus an 8 bar introduction.
6. Dancers that meet the definition of an "Adult Dancer" may compete in Adult Ceili competitions. "Adult Dancer" includes Adult Grade Level, Adult Championship, and Advanced Adult, as defined by the qualifications found elsewhere in these rules.
7. In the event that the same organization is running 2 feiseanna in one weekend, the following may occur: Figure and Ceili competitions may be offered at only one of the feis' on that weekend.

4. ADJUDICATORS & MUSICIANS

ADJUDICATORS & MUSICIANS

1. Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is performing.
2. Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.
3. In matters pertaining to adjudication, the decision of the adjudicators is final.
4. Adjudicators are to monitor the quality of music at the stage(s) to which they are assigned.
5. Championships and Preliminary Championships require at least three adjudicators.
6. Each Feis is required to list their adjudicators on their syllabus and/or website at least three weeks before the close of entries, one-third of which are to be from outside the region where the Feis is being held.

5. COSTUME RULES

COSTUME RULES

1. Makeup is prohibited on a dancer in the first three grades (First Feis (if offered), Beginner I and Beginner 2 or their equivalent) up to and including the under 12 age group. Make-up (including false eyelashes and tanner on the face) is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group.
Clarification: Both make up rules refer to the age group of the competition, not the actual age of the dancer. For example, 9-year-old dancers, competing in a team that is entered Under 12, may wear make-up or at a feis where the youngest Open Championship age group is Under11, then all dancers in that competition may wear make-up. These rules must also be announced from side stage at the event. Participants should be reminded that should they be in breach of these rules and be required to remove their make-up, that they risk missing their rotation in the competition.
2. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed aids (proof of which may be required) will be exempt from this rule.
3. Competitors in competitions at the First Feis (if offered), Beginner I and Beginner 2 Grade will wear only the competitor's dancing school costume or a skirt/pants and top.
4. Costume Length: Length of costumes must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to change into black tights (of a denier not less than 70 per cent) in order for the dancer to continue in the competition.

6. MODESTY RULES

MODESTY RULES

FROM AN COIMISIUN

- 6.1. Changing costumes, dressing and undressing of dancers will not be acceptable in the halls or public areas. For the sake of modesty and in the interests of safety of young people, dancers will not be permitted to walk around the feis scantily dressed.
- 6.2. Respect for fellow competitors on stage is a requirement at all times.
- 6.3. Lack of respect or courtesy for fellow competitors by aggressive dancing on stage will be subject to penalty at the discretion of each individual adjudicator.
- 6.4. Length of costume must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to wear black tights (of a denier not less than 70 percent) in order to continue in the competition. For competitions adjudicated by a panel of more than one adjudicator, all adjudicators on the panel must agree to asking the dancer to wear tights. Effective March 1, 2022.

- 6.5. Appropriate undergarments covering the midriff must be worn. Undergarments must provide full coverage. Dancers wearing undergarments that do not cover the areas of the body as in the illustrated example will be asked to put on black tights of a denier of not less than 70%. This is monitored by the adjudicator. For competitions adjudicated by a panel of more than one adjudicator all adjudicators on the panel must agree to ask the dancer to put on tights. (Effective March 1, 2022)

7. REFUND POLICY

The Feis WILL NOT give any refunds for any reason including consequences for violations of these rules.

Sundance Feis

Syllabus

Saturday, October 25, 2025

Approved by the IDTANA Southern Region on August 15, 2025.

BEGINNER I

	Under 5	Under 6	Under 7	Under 8	Under 9	Under 10	Under 11	Under 12	12 & Over
Reel	205RL	206RL	207RL	208RL	209RL	210RL	211RL	212RL	213RL
Light Jig	205LJ	206LJ	207LJ	208LJ	209LJ	210LJ	211LJ	212LJ	213LJ
Slip Jig	205SJ	206SJ	207SJ	208SJ	209SJ	210SJ	211SJ	212SJ	213SJ
Single Jig	205SN	206SN	207SN	208SN	209SN	210SN	211SN	212SN	213SN

* 32 Bars

ADVANCED BEGINNER

	Under 6	Under 7	Under 8	Under 9	Under 10	Under 11	Under 12	Under 13	13 & Over
Reel	306RL	307RL	308RL	309RL	310RL	311RL	312RL	313RL	314RL
Light Jig	306LJ	307LJ	308LJ	309LJ	310LJ	311LJ	312LJ	313LJ	314LJ
Slip Jig	306SJ	307SJ	308SJ	309SJ	310SJ	311SJ	312SJ	313SJ	314SJ
Single Jig	306SN	307SN	308SN	309SN	310SN	311SN	312SN	313SN	314SN
Treble Jig	306TJ	307TJ	308TJ	309TJ	310TJ	311TJ	312TJ	313TJ	314TJ
Hornpipe	306HP	307HP	308HP	309HP	310HP	311HP	312HP	313HP	314HP

* 32 Bars

* Hornpipe, Treble Jig, and Traditional Set will be performed at traditional speed.

NOVICE

	Under 7	Under 8	Under 9	Under 10	Under 11	Under 12	Under 13	Under 14	Under 15	15 & Over
Reel	407RL	408RL	409RL	410RL	411RL	412RL	413RL	414RL	415RL	416RL
Light Jig	407LJ	408LJ	409LJ	410LJ	411LJ	412LJ	413LJ	414LJ	415LJ	416LJ
Slip Jig	407SJ	408SJ	409SJ	410SJ	411SJ	412SJ	413SJ	414SJ	415SJ	416SJ
Single Jig	407SN	408SN	409SN	410SN	411SN	412SN	413SN	414SN	415SN	416SN
Treble Jig	407TJ	408TJ	409TJ	410TJ	411TJ	412TJ	413TJ	414TJ	415TJ	416TJ
Hornpipe	407HP	408HP	409HP	410HP	411HP	412HP	413HP	414HP	415HP	416HP
Traditional Set	407TS	408TS	409TS	410TS	411TS	412TS	413TS	414TS	415TS	416TS

* Trad Speed

* 32 Bars

PRIZEWINNER

	Under 7	Under 8	Under 9	Under 10	Under 11	Under 12	Under 13	Under 14	Under 15	15 & Over
Reel	507RL	508RL	509RL	510RL	511RL	512RL	513RL	514RL	515RL	516RL
Light Jig	507LJ	508LJ	509LJ	510LJ	511LJ	512LJ	513LJ	514LJ	515LJ	516LJ
Slip Jig	507SJ	508SJ	509SJ	510SJ	511SJ	512SJ	513SJ	514SJ	515SJ	516SJ
Single Jig	507SN	508SN	509SN	510SN	511SN	512SN	513SN	514SN	515SN	516SN
Treble Jig	507TJ	508TJ	509TJ	510TJ	511TJ	512TJ	513TJ	514TJ	515TJ	516TJ
Hornpipe	507HP	508HP	509HP	510HP	511HP	512HP	513HP	514HP	515HP	516HP

Traditional Set	507TS	508TS	509TS	510TS	511TS	512TS	513TS	514TS	515TS	516TS
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* Trad Speed

* 32 Bars

ADULTS

	Beg I	Beg II	Novice	Prizewinner
Reel	299RL	399RL	499RL	599RL
Light Jig	299LJ	399LJ	499LJ	599LJ
Slip Jig	299SJ	399SJ	499SJ	599SJ
Single Jig	299SN	399SN	499SN	599SN
Treble Jig	299TJ	399TJ	499TJ	599TJ
Hornpipe	299HP	399HP	499HP	599HP
Traditional Set	299TS	399TS	499TS	599TS

* Traditional Speed

* 32 Bars

FIGURE/CEILI DANCES

FIGURE DANCE

	Under 7	Under 8	Under 9	Under 10	Under 11	Under 12	Under 13	Under 15	Under 18	15 & Over	18 & Over	ADULT
2 Hand Reel	9207FD		9209FD		9211FD		9213FD	9215FD		9216FD		9299FD
3 Hand Reel	9307FD		9309FD		9311FD		9313FD	9315FD		9316FD		9399FD
4 Hand Reel/Jig *		9408FD		9410FD		9412FD		9415FD		9416FD		9499FD
6 Hand Reel		9608FD		9610FD		9612FD		9615FD		9616FD		9699FD
8 Hand Ceili*		9808FD		9810FD		9812FD		9815FD	9818FD		9819FD	9899FD

ADULT CHAMPIONSHIPS

PRELIMINARY

Advanced Adult Preliminary	799AAP
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Advanced Adult Preliminary dancer is defined as any dancer over the age of 25 who has previously placed in the top three of a youth Preliminary competition of five or more competitors.

Advanced Adult Open	799AAO
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Advanced Adult Open dancer is defined as any dancer over the age of 25 who has ever competed in a youth Open Championship competition.

Adult Championship	699AC
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An Adult Dancer beyond Beginner is defined as any dancer who started Irish dancing at the age of 18 or older, or any dancer 18 or older who has not competed in at least five years in a Youth competition AND has never placed in the top three in a youth Preliminary competition of more than five competitors.

** Adult Championship will dance soft shoe and hard shoe rounds and choice of Traditional Set (full dance).

*** Adult Preliminary and Adult Open Championships may be combined if less than 5 entries.

CHAMPIONSHIPS

PRELIMINARY

	Under 9	Under 10	Under 11	Under 12	Under 13	Under 14	Under 15	Under 16	Under 17	Over 17
Preliminary	609PC	610PC	611PC	612PC	613PC	614PC	615PC	616PC	617PC	618PC

Preliminary requirements: Reel (48 bars) or Slip Jig (40 bars girls only) and Treble Jig (48 bars) or Hornpipe (40 bars). Boys and girls combined. Boys and girls will be separated if there are 5 or more boys in a competition.

OPEN (3 Rounds)

	Under 9	Under 10	Under 11	Under 12	Under 13	Under 14	Under 15	Under 16	Under 17	Under 18	Under 19	Over 19
Open	709OC	710OC	711OC	712OC	713OC	714OC	715OC	716OC	717OC	718OC	719OC	720OC

Open requirements: Reel (48 bars) or Slip Jig (40 bars girls only), Treble Jig (48 bars) or Hornpipe (40 bars), and any non-traditional set dance. Boys and girls combined. Boys and girls will be separated if there are 5 or more boys in a competition.

SUPPLEMENTARY PRELIMINARY (2 Rounds)

	Under 9	Under 10	Under 11	Under 12	Under 13	Under 14	Under 15	Under 16	Under 17	Over 17
Supplemental Preliminary	609PC2	610PC2	611PC2	612PC2	613PC2	614PC2	615PC2	616PC2	617PC2	618PC2

Preliminary requirements: Reel (48 bars) or Slip Jig (40 bars girls only) and Treble Jig (48 bars) or Hornpipe (40 bars). Boys and girls combined. Boys and girls will be separated if there are 5 or more boys in a competition.

SPECIALS - NON-CHAMPIONSHIP

Open to non-Championship dancers.

	Under 9	Under 12	12 & Over	
Reel Special	809RLSP	812RLSP	813RLSP	Competitors dance 1 soft shoe reel step (16 bars) down the line.
Treble Reel Special	809NCTR	812NCTR	813NCTR	Competitors dance 1 treble reel step (16 bars) down the line.

SPECIALS - CHAMPIONSHIP

	Under 12	Under 15	15 & Over	
Champ Hard Shoe Special	812TJHP	815TJHP	816TJHP	(16 bars) down the line.
Champ Soft Shoe Special	812SS	815SS	816SS	(16 bars) down the line.
Champ Treble Reel Special	812TR	815TR	816TR	Competitors dance 1 treble reel step (16 bars) down the line.
Champ Traditional Set Spec	812TS	815TS	816TS	

Open to dancers in Preliminary or Open Championship in this feis. Boys and girls combined.

	Under 12	Under 15	15 & Over	
Modern (Slow) Set Special	812MS	815MS	816MS	Open to Prizewinner, Preliminary Championship and Open Champonship level dancers.

NON-DANCING COMPETITIONS

Music and Vocal competitions will be held on Saturday after dance competitions are finished. Competitions are open to

participants of all ages. You do not have to be a member of a dance school to compete. The music, vocal, and art competitions will be divided by age based upon number of entries.

800MU Music –

Requirement: play a tune on an instrument that has an Irish theme or is of Celtic origin. Performance is limited to 3 minutes and must be performed solo.

800VO Vocal –

Requirement: sing a tune a cappella (without any accompaniment) that has an Irish theme or is of Celtic origin. Performance limited to 3 minutes and must be performed solo.

800IA Irish Art –

Requirement: an original art work in any artistic medium depicting a Celtic theme. All entries must be presented at the check-in table by 10:00 AM on the day of the feis. NOTE: Remember to pick up your entries after the judging has occurred. The Feis Committee is not responsible for returning any artwork that is not picked up on the day of the Feis.

800IB Irish Baking –

Requirement: bake an Irish soda bread or Irish cake. All entries should be wrapped in plastic or foil and presented at the check-in table by 10:00 AM on the day of the Feis. All entries become the property of the Feis.